

Together, We **End Polio**

If polio isn't eradicated, within 10 years, hundreds of thousands of children could be paralyzed. Global health care cost would rise dramatically, and the quality of life for people affected by the disease would be drastically diminished.

Join in. Speak out. Donate. Be part of history

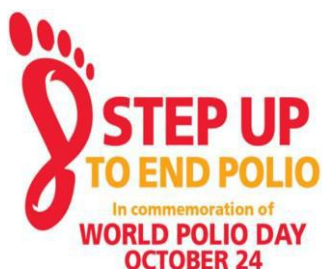
[Endpolio.org](https://endpolio.org)



2023-24 District Governor

**Dr John Chan &
First Lady Wee Ping**

Rotary District 3310
Brunei Malaysia Singapore



IT'S TIME FOR THE STEPS CHALLENGE

250,000 steps
500,000 steps
1,000,000 steps

US\$50

or More
Donation to
PolioPlus

**REGISTRATION OPEN ON
14TH AUGUST 2023**

A total of **RM2,600** worth
of vouchers to be won.

Special award to the club
with the most registered
participants.

Rotary
District 3310



**END
POLIO
NOW**



CREATE HOPE
in the WORLD

**ARE YOU
READY?**



**STEP UP
TO END POLIO**

PARTICIPATE IN OUR 8 WEEKS CHALLENGE

STEPS CHALLENGE

20TH AUGUST 2023 TO 14TH OCTOBER 2023

Contact email: stepuptoendpolio23@gmail.com

Together, We End Polio

If polio isn't eradicated, within 10 years, hundreds of thousands of children could be paralyzed. Global health care cost would rise dramatically, and the quality of life for people affected by the disease would be drastically diminished.

**YOUR DONATION WILL SAVE LIVES AND GIVE
CHILDREN A CHANCE AT A HEALTHY FUTURE**

Organised by the Rotary District 3310 PolioPlus subcommittee

Webpage: <http://www.rotarydistrict3310.org.my/stepupendpolio>

Contact email: stepuptoendpolio23@gmail.com

#stepupendpolio #stepup #endpolio
#endpoliobrunei #endpoliomalaysia #endpoliosingapore



PARTICIPANTS GUIDELINES

8 weeks Steps Challenge

20 August to 14 October 2023

Category

- Basic - 250,000 Steps
- Elite - 500,000 Steps
- Ultimate - 1,000,000 Steps

Winners Prize Voucher

	<u>Basic</u>	<u>Elite</u>	<u>Ultimate</u>
1 st place	RM250	RM350	RM450
2 nd place	RM150	RM300	RM400
3 rd place	RM100	RM250	RM350

Rules and Regulations

1. All participants must be at least 18 years of age.
2. To participate, donate US\$50 per category to PolioPlus and upload the proof of donation during registration.
3. You may register for multiple challenge categories but you can only win in one category.
4. For the Special Award, the club participation will be calculated base on percentage of total club members.





IMPORTANT :


- Sign in to my.rotary.org (MyRotary) and donate US\$50 or more per category to Polio Fund, screenshot the proof of donation
- Ensure the email and mobile use for Google Fit and Step Up app is the same

REGISTRATION GUIDE (NEW USERS)

IOS Apple Phone user :

1. Download **Step Up to End Polio App** from Apple Store
2. Connect to Apple Health, all 'Step Up' to read Steps
3. Input mobile number, OTP will be sent to mobile
4. Start registration, select the Steps category, upload screenshot of the donation, Click Register

Android Phone user :

1. Download and register for Google Fit 
2. Download **Step Up to End Polio App** from Play Store
3. Follow the instructions, allow Step Up to access your Google Account
4. Input mobile number, OTP will be sent to mobile
5. Start registration, select the Steps category, upload screenshot of the donation, Click Register

REGISTRATION GUIDE (EXISTING USERS)

1. Update your **Step Up to End Polio App** to version 1.2.4
2. Input mobile number, OTP will be sent to mobile
3. Start registration, select the Steps category, upload screenshot of the donation, Click Register



Indemnity and Permission

All participants agree to release the organisers of Step Up to End Polio from any and all claims for damages or injuries sustained while participating in this event or any related activity, and give permission for organisers to use any photograph, video, film, audio or any recording device and likeness for any and all purposes.

*Enjoy your Steps Challenge
& have fun*