

## District Newsletter RY2022-23



Supporting the environment becomes Rotary's seventh area of focus, which are categories of service activities supported by global grants. It joins peacebuilding and conflict prevention; disease prevention and treatment; water, sanitation, and hygiene; maternal and child health; basic education and literacy; and community economic development.

The Rotary Foundation Trustees and Rotary International Board of Directors have both unanimously approved to add this new area of focus, dedicating April as Environment Month.

More than \$18 million in Foundation global grant funding has been allocated to environment-related projects over the past five years. Creating a distinct area of focus to support the environment will give Rotary members even more ways to bring about positive change in the world and increase our impact.

We are committed to supporting activities that strengthen the conservation and protection of natural resources, advance ecological sustainability, and foster harmony between communities and the environment. We empower communities to access grants and other resources, embrace local solutions, and spur innovation in an effort to address the causes and reduce the effects of climate change and environmental degradation.

The Rotary Foundation will enable our members and their community allies to take action in these ways:

- Protecting and restoring land, coastal, marine, and freshwater resources
- Enhancing the capacity of communities to support natural resource management and conservation
- Supporting sustainable agriculture, fishing, and aquaculture practices
- Addressing the cause of climate change by reducing the emission of greenhouse gases
- Strengthening ecosystems and communities affected by climate change
- Supporting education initiatives that promote behavior that protects the environment
- Advocating for sustainable consumption to build an economy that uses resources more efficiently
- Addressing environmental justice issues and public health concerns

Photo above shows our District Governor Joanne Kam with District team leaders planting trees in Bintan as part of our commitment to tackle climate change as Trees help to combat global warming by absorbing greenhouse gases and releases oxygen back into the air.

# JANUARY PROJECTS

*The Official Newsletter of D3310*

## GOOD PEOPLE GOOD DEEDS RC E-CLUB OF 3310



07/01/23 - Every first Saturday of the month goody bags with food items are distributed to senior citizens and low income families. On this day, 1030 goody bags were given out with 28 items inside at Blk 159 Toa Payoh Lorong 1. This is done with Hao Ren Hao Shi who recognised the club with a certificate of appreciation for their support of this community project.

[FBLink:facebook.com/RotaryEClub3310/posts/pfbid0RyA2a7o1KiZagG9xrT2p2F6Kq4wgR4zUgdTVtxGVv8uxSL7AQkXtJzBz55GH7pKHI](https://www.facebook.com/RotaryEClub3310/posts/pfbid0RyA2a7o1KiZagG9xrT2p2F6Kq4wgR4zUgdTVtxGVv8uxSL7AQkXtJzBz55GH7pKHI)

## HEARING AIDS RC JOHOR BAHRU

02/01/23- A hearing aid was donated to a small boy who was desperate to replace his faulty set that was implanted from birth. This child had to discontinue school due to his hearing problem. RC Johor Bahru came to his aid so that this gift would uplift the boy's life once again.

FB Link:<https://www.facebook.com/photo/?fbid=539400841563457&set=pcb.539400978230110>



## ACTIVITY FOR DIALYSIS PATIENTS RC PONTIAN



15/01/23 -Pre Chinese New Year activity graced by Johor Chinese Major - David Wang, Dato Seri Dr Wee, Dato Ng SB, Dato Ng Chong Boon and YB Tan for their Dialysis Patients.

FB Link:<https://www.facebook.com/RotaryClubOfPontian>

# JANUARY PROJECTS

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## ARTS SESSION FOR KIDS RC KUCHING UNITY CITY



15/01/2023 -RC Kuching Unity City & Meeting Need Rehad had a Joint Project in the food aid distribution and mobility aid to 8 OKU children's families around outskirts of Kuching: Tapah, Siburan, 10th Mile Kuching-Serian, Siniawan, Kg. Merembah (Bau), Stutong and Kg. Sudat.

They brought daily essentials and gave cheer to those families in difficult situations.

FB Link: <https://www.facebook.com/RotaryClubKuchingUnityCity>

## EYE SCREENING RC SINGAPORE

07/01/2023 -An eye screening camp was organised for 42 residents of Society for aged sick. The screening camp went well and the team were able to identify issues like refractive error requiring spectacles for better quality of vision, cataract and glaucoma requiring referral to the hospital and also some rare issues like eye surface problems and seventh nerve palsy. There was an overall experience of what the eye examination journey would be like as the team tried to do a comprehensive eye examination as performed in any state of art eye hospital. Hopefully, this brought positive impact to the lives of these residents and inspired some interactors and medical students to carry forward the spirit of rotary in their career and their journey.



## CHEER FOR CANCER PATIENTS RC KUCHING



21/01/23 - It's Chinese New Year's eve and Rotary Club of Kuching is sharing the joy and gratitude of the celebration with the 55 unfortunate cancer patients at the Sarawak General Hospital's Radiotherapy Unit & Oncology Ward.

They hope their visit to the ward with CNY goodies will give the patients courage to fight against the cancer disease.

# FEBRUARY PROJECTS

*The Official Newsletter of D3310*



## BIKE TO SCHOOL RC SENTOSA SINGAPORE

08/02//23 - RC Sentosa members spent 3 days from 8th to 11th Feb distributing 1035 bicycles for the underprivileged school children in Siem Reap. Aside from bicycles, stationery kits, clothings and sports equipment were also presented. During this visit the club members planted 12 more fruit trees for the students in the school to reap the harvest when the fruits ripens. Media coverage was attained on television for this project as well.

FB Link:

<https://www.facebook.com/RotaryClubSentosa>

## WATER PROJECT RC BANDAR SERI BEGAWAN

13/02//23 -RCBSB in collaboration with International School Brunei completed Long Kerong Penan Village Water Gravity Feed Project from 10th to 12th February 2023.

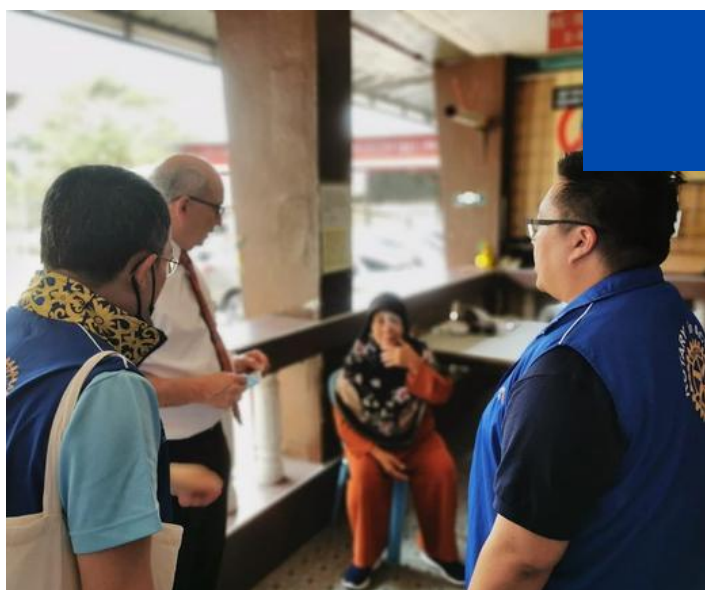
FB Link: <https://www.facebook.com/rotarybsb>



## GIFT OF SIGHT RC KUCHING CENTRAL

03/02/23 - Day 1 of the Gift of Sight cataract project started at Sri Aman with doctors completing around 30 operations for a total of 63 beneficiaries from low income families. The project will be carried out over 2 days. Food parcels were handed out to patients as well.

FB Link:<https://www.facebook.com/kuchingcentral>



# FEBRUARY PROJECTS

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## ANG POW & FOOD FOR ELDERLY RC PANDAN VALLEY



11//02/23 - RC Pandan Valley members, SUTD Rotaractors, family and friends joined hands to pack groceries for the elderly in need at Redhill. This is a signature project that the club undertook annually around Chinese New Year to give out ang pow (red packets) and festive goodies to residents in need of support during this festive period.

FB Link:<https://www.facebook.com/RotaryClubPandanValley>

## OUTREACH - INDIA RC SINGAPORE

10/02//23. -A delegation of six members visited the communities that were supported by Rotary Club of Singapore, in India to engage with beneficiaries, volunteers and local Rotary Clubs to gauge the impact of their outreach. Several of the projects were funded with Global grants. Key projects included rainwater harvesting, mega oxygen plants, school visits, leprosy project and gifts for Covid-19 pandemic response.

FB Link:<https://www.facebook.com/rotaryclubsingapore>



## DEVELOPING PRE-SCHOOLERS RC KINABALU SUTERA



06/02/23 - Members of the Rotary Club of Kinabalu Sutera attended the Tadika Our Lady Consolata 6th graduation ceremony. Donations to this school is one of the club's community project. They club presented the school with stationery and members were treated to a commendable performance by the graduating children.

FBLink:<https://www.facebook.com/groups/74202363255141>

# MARCH PROJECTS

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## WASH PROJECT RC KOTA KINABALU PEARL

07/03/23 - The Water Sanitation team made another site visit to Ranau to check on the progress of the joint water project in targeted villages. All the villages were at different stages of works such as delivery of pipes and fittings, completion of foundation slab works for water source.

FB Link: <https://www.facebook.com/rckkpearl>

## FLOOD RELIEF RC BATU PAHAT & JOINT CLUBS

11/03//23 - The recent flooding in Johor, Malaysia has left many residents displaced, with some still staying in relief centers despite the water levels subsiding. The aftermath of this natural disaster has made it difficult for those affected to access basic necessities, including proper nutrition. RC Batu Pahat leapt into action to provide necessities to send food relief parcels and drinking water to the affected families.

Another Flood Relief Program was jointly carried out by RC Pasir Gudang Mandarin, Impian Emas, Pontian, Mersing and Yong Peng for affected families.



## FINANCIAL EMPOWERMENT RC KOTA KINABALU SOUTH

02/03/22 - Youth Financial Empowerment Programme Money & Me is a free finlit programme in English targeted at Form 4 students, especially those from the B40 and M40 categories. The Edge & Education Foundation (TEEF) works with partners including Rotary Clubs, EY, Deloitte, PwC, GE, BHP and INTI International University at Nilai as well as teachers to deliver the programme in schools. This year, they have expanded to 4 states - Selangor, KL, Negeri Sembilan and Sabah.

FB Link: <https://www.facebook.com/rckks3310>



# MARCH PROJECTS

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## HEALTHY EYES RC PASIR GUDANG

04/03/23 RC Pasir Gudang organised eye screenings in the community. From doing it at schools for students to doing it at the shopping malls for the public. This free eye-screening is funded by The Rotary Club of Pasir Gudang Eye-Foundation.

FB Link: <https://www.facebook.com/RotaryClubPasirGudang>

## EXCURSION FOR UNDERPRIVILEGED KIDS RC QUEENSTOWN

20/03//23 - RC Queenstown organised a visit to the Singapore Discovery Center for underprivileged children and their families. The beneficiaries were from Beyond Social Services.

FB Link: <https://www.facebook.com/rotaryqueenstownsingapore>



## DONATIONS FOR AGED RC GARDEN CITY

23/03/23 -RC Garden City visited Lee Ah Mooi home for the aged. President Ange and members visited the home and donated milk and diapers for their residents.

FB Link: <https://www.facebook.com/rcgardencit>



# ROTARY DAY OF SERVICE

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The 18th of February has been marked out as Rotary Day of Service. A joint club event was held at Henderson Community Club where clubs participated, with booths on mental wellness, sustainability, teaching life saving skills, showing the future of service with a singing robot for the elderly residents. Event had Singapore Central District Mayor Denise Phua as the Guest of Honour. Various exercises and stage activities were conducted and participants learned how the Angklung Turns Your Pressure into Pleasure.





# ROTARY DAY OF SERVICE

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Rotary Day of Service was carried out on the 18th of February. Clubs in Kuching engaged in beach cleaning at Buntai Esplanade.

In Johor, the Rotary Club of Johor presented a cheque to help 30 underprivileged students to purchase school essentials for the new school opening term.

Clubs in Kota Kinabalu jointly did a health exhibition at Suria, Sabah. Activities included a blood donation drive, health screening, cervical cancer and stop smoking awareness.



# WORLD UNDERSTANDING AND PEACE

## *The Official Newsletter of D3310*

24/02/23 - It was World Understanding and Peace Day and Rotary's 118th anniversary.

Close to 200 attendees were present at the Singapore Recreational Club Ballroom to celebrate this date with our District Governor Joanne Kam, Ambassadors of Austria and Mexico to Singapore, Rotary members, family and friends from Singapore, Johor. District 3300 Negiri Sembilan, Maldives and Maryland USA.

23/02/23 - In conjunction with World Understanding and Peace Day a joint fund-raising concert was also held a day prior between the Singapore Singapore Orchestra and the Foundation of Rotary Clubs Singapore in aid of FRCS Eldercare and Caregivers Centre.



# PETS & DISTRICT TRAINING ASSEMBLY

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16-18/03/23 - PETS & District Training Assembly 2023-24

After the past few years of zoom training due to Covid-19, it was a refreshing change to attend a physical training at the Holiday Inn Villa in Johor Bahru. The incoming Presidents were all proudly on stage with their graduation certificates and club banners from DGE John Chan. Rotarians from District 3310 who attended the Training Assembly were engaged and participative during all the learning sessions. Aside from the learning, everyone had a wonderful time renewing old ties and had fun fellowship at the Welcome Dinner, Governor's Banquet and tea breaks.



# DISTRICT MID-TERM REVIEW

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10 - 12/02/23 - DG Joanne Kam organised this workshop at Cassia Bintan to bring her District Team leaders to review achievements for the first half of this Rotary year and discuss further actions needed for the second half.

A People of Action workshop on capturing photos, videos and doing storytelling was also carried out by PP Elsie Chua with participants.

We had PP Claire Chiang co-founder of Banyan Tree sharing The Banyan Tree Story and in line with our 7th area of focus in the environment, we planted trees in their Bintan resort.



# PEOPLE OF ACTION POSTERS/VIDEOS

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The People of Action poster competition was introduced by PDG Andre Suharto when he took on the role as Regional Public Image Chair. The top 3 winners of this competition will be unveiled during our District Conference in Phuket. The winning entry for the poster and video competition was submitted up to compete with other entries in Zone 10 B & C.

A total of 8 entries came in for the poster competition. Entries are featured here in this newsletter. Aside from the posters shown here a number of videos were submitted by our clubs for this competition. Check out some of them in links below:

Rotary Club of Bandar Seri Begawan : <https://1drv.ms/v/s!ArOWs1pqUzIfI8E0fOeCqI31mhyYkQ>

Rotary Club of Batu Pahat : <https://fb.watch/jfD5OYwW74/>

Rotary Club of Kuching Central : <https://www.youtube.com/watch?v=wGaJGqx7Krc>

Rotaract Club of Swinburne Sarawak : <https://www.instagram.com/reel/Cp0JvPJgPAG/>

Rotary Club of Sentosa <https://fb.watch/jiKJsvz2Sw/>



**RC KUCHING CENTRAL**



**RC KOTA KINABALU PEARL**



**RC MARINA CITY**



**RC KUCHING**

# PEOPLE OF ACTION POSTERS

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Clubs should utilise the tools in MyRotary to create these posters. There are also excellent learning points on photo taking that would make your People of Action stories more compelling as well.

Go to <https://brandcenter.rotary.org/en-us/people-of-action>



**ROTARACT CLUB OF SWINBURNE SARAWAK**



**RC KINABALU SUTERA**



**RC JOHOR BAHRU**



**RC BATU PAHAT**

# ROTARACT

## *The Official Newsletter of D3310*

26/01/2023

The Rotaract Club of Swinburne University along with RCKC representative IPP Andrea today carried out the final leg of the joint project \*Ending Period Poverty Project\*. We were able to maximise our Covid-19 Relief Fund Grant from Rotary District 3310, by providing 80 students with two packs of day and one pack of night, all at a budget of RM2,600.

All project volunteers were given the opportunity to have a one-hour session at SMK Gedong, where 16 Rotaractors from Swinburne participated to oversee 160 form 1 students from SMK Gedong. It was definitely an unforgettable experience for both the students and rotaractors.

The session kicked off with 'My Gratitude Mirror', where students can get creative by drawing things that they love and represents them. The second activity, Body Positivity Worksheet was actually suggested by Sarawak Women For Women Society. For this activity, students had to work together in a group to promote positive body images by emphasising self-care and recognizing unhealthy thought patterns as well as unattainable beauty standards.

Great job to RAC Swinburne University for completing such a meaningful project to the rural school student.

13/03/23

To celebrate World Rotaract Week, RAC Swinburne has a booth set up during clubs and societies week to share stories about the incredible things that Rotaractors are achieving and how to join in on the action!

We would also like to thank everyone for joining and we look forward to your involvement in our future events



# INTERACT

*The Official Newsletter of D3310*

20/01/2023

In a heartwarming display, the Batu Pahat Interactors recently celebrated Lunar New Year with a spirit of love and compassion. The dedicated team put together an array of captivating performances and headed to the BP Commercial House Education Center on January 20th to spread joy and happiness among the children in celebration of the auspicious occasion.

Their goal was to share the festive cheer with the young ones and make their day truly special. The event was a huge success, and the children were thrilled to watch the vibrant performances, including hot dances, Singing performances, and some gifts.

The Batu Pahat Interactors are a shining example of generosity and kindness, and their efforts to bring smiles to the faces of these children are truly admirable. They have shown that even the smallest acts of kindness can make a big difference in someone's life, and we can all learn from their inspiring example.





# Update your club activities and projects for Public Image!

By PP Elsie Chua, D3310 Communications Chair  
 RY2022-23, email me at [elsie.rotary@gmail.com](mailto:elsie.rotary@gmail.com)

Dear Fellow Rotarians,

I note with concern that a number of clubs have not been updating your websites and social media platforms. Some had been updating once every few months and a few have not even updated for a couple of years..

The most popular channel is on our District 3310 Whatsapp Chat group but that only reaches out to primarily Rotarians. It is important to alleviate the profile of Rotary in our community and that requires every club's effort to show that we are all People of Action in your owned media platforms!

Learn how you can do all of this at the Rotary Brand Center:  
<https://brandcenter.rotary.org/en-us/>

Learn how to promote Rotary at :  
<https://brandcenter.rotary.org/en-us/our-brand/promote-rotary>



## Major Events/Activities

DATE	ACTIVITIES
12 - 14 May 2023	District 3310 Conference at the Angsana Laguna Phuket
27-31 May 2023	Rotary International Convention, Melbourne, Australia. 149 in our District has registered to-date! <a href="https://convention.rotary.org/en/melbourne/register?gclid=Cj0KCCQjw852XBhC6ARIsAJsFPN0qAJkgxafErltuX-e4yGUoK7h08vpJFoaOeqMY53iMqWd_0HRFFn0aAlidEALw_wcB">https://convention.rotary.org/en/melbourne/register?gclid=Cj0KCCQjw852XBhC6ARIsAJsFPN0qAJkgxafErltuX-e4yGUoK7h08vpJFoaOeqMY53iMqWd_0HRFFn0aAlidEALw_wcB</a>

*Please register and block out your calendar for these events*

# 32<sup>ND</sup> District 3310 Conference



## 12-14 MAY 2023

ANGSANA LAGUNA PHUKET, THAILAND

Hosted by  
Rotary Club of Suntec City Singapore

*Celebrate  
Connect  
Create*

**Rotary**  
District 3310



**IMAGINE  
ROTARY**



**JOANNE KAM  
DISTRICT GOVERNOR**