



# ROTARY JOURNEYS

District Governor's Newsletter / Issue 7 / rotarydistrict3310.com



Greetings from  
**PHILIP CHONG**  
*District Governor 2015-16*

***"JANUARY is Vocational Service Month"***

A very warm greetings to all my fellow Rotarians, family and friends in District 3310 and beyond. We have just completed six exciting months and am keenly looking forward to the next half of the Rotary year. My wife, Len Nyuk, and I have visited all the 66 clubs and have been overwhelmed with your generous support, wonderful fellowship and warm hospitality. We know that you all have gone through great lengths to welcome us during our club visits in your respective towns. My wife and I sincerely wish to express our gratitude and appreciation to each and every one of you for all that you have done.

You all have accomplished so much that I am overwhelmed with joy and love for this great organisation - Rotary. I see the powers of Rotary and Rotarians in doing good for the people.

I have seen water brought to homes where there was none before. We have brought light where previously there was only darkness in the nights. I have seen smiles transformed on cleft lip children and the joy in their parents' faces. People who can't see are able to see the colours of the World because of Avoidable Blindness Outreach (ABO) projects. The young boy Joshua Thian can now run healthily like any normal kid.

In line with all these activities, I am happy to announce that our membership has also grown. RC Yong Peng will be chartered on 10th January. We will have more than 2000 members in 66 Rotary clubs. This means there will be more Rotarians to bring light, water and beautiful smiles, to little boys like Joshua and his mother, Eva.

I know for the next 6 months, I will live my life to the fullest as a Rotarian. I pray all of you will too. Let's take 2016 as a year that we give the best we can to our Rotary family and to our communities. What better way to do so than to be a Rotarian!



I have also participated in the RC Sentosa “Cambodia Bikes to School” project in January. Also, in the month of January, I have joined RC Likas Bay with their Sister Club, RC Lu Chou, on the “Cleft Lip and Palate Corrective Surgery” project in Cambodia.

I look forward to walk further with you and to work harder with you to continue to be a gift to the community and to the World.

Among the activities I plan to undertake and participate in the coming months are:

1. Second round of club visits to certain clubs.
2. Paul Harris society (PHS), a new initiative.
3. First ever pilot project to be conducted locally. Pre-PETS for all President Elects to be held in 4 main cities namely, Singapore, Kota Kinabalu, Kuching and Johor on 12th March, except Kuching, on 27th February.
4. District Cycle to End Polio event. All 66 clubs are encouraged to support and participate for this fund raising event to end Polio from 23 February to 27 March 2016.
5. PETS and DISTAS from 17 – 20th March 2016.
6. D3310 Berhad BOD Meeting 20th March 2016.
7. New RI Presidential theme: Rotary Serving Humanity.
8. District Conference, Chiang Mai 29th April – 1st May 2016.
9. Intercity Meet with RI President K.R. Ravindran, Singapore Saturday 21st May 2016.
10. RI Seoul Convention 28th May – 1st June 2016.

***Happy New Year 2016 to you, my beloved friends!***

Kind regards,

**Philip Chong Mau Kiong**  
(Rotary Club of Likas Bay)  
**District Governor 2015-16**



## Vocational Service

Rotarians set aside January as the month to showcase our second avenue of service, **Vocational Service**. It is possibly the least understood of our five avenues of service and for this reason it is often overlooked as an area of activity within our clubs. In reality, vocational service is an avenue through which we serve so often that we don't always recognize it as service.

Over the decades the value of Vocational Service has evolved greatly. We now *"recognize all useful occupations as worthy of respect"* and we can use our *"work as an opportunity to serve society"*. Every occupation serves a need. Whether we are serving customers, teaching students or treating patients, whether we're involved in commerce, research, the media, or any one of countless other fields - we are contributing to our communities and our society. As Rotarians, we should take pride in doing our work with competence and integrity.

Vocational Service also encourages us *"to hold high ethical standards in our business affairs and our professional practices"*. During the early meetings of Rotary, the members frequently discussed techniques to improve their business practices. They gave one another wise and friendly counsel on misleading advertising, shoddy products, poor customer relations and so on. *Members and their friends soon began to feel that when you did business with a Rotarian, you were always going to be treated properly, that their word could be counted upon, and that there was an ethical element in all transactions.* **The word "Rotarian" became a mark of distinction in the business world and remains so today.**

Vocational Service now encompasses a wide variety of Rotary activities. Club members can use their vocational skills working on service projects, providing career guidance for young people, doing mock job interviews, mentoring students, creating vocational award programs and participating in vocational fellowship groups.

It is now realised that *"Vocational Service"* is one of the many reasons for Rotary's success. Yet, this second avenue of service in Rotary is often neglected. *If we want our club to grow, we must keep vocational service in the forefront – in our planning and to take action.* **Ideas alone are useless unless put in action.** Do what is right and put *"Service Above Self"*.

Vocational service simply applies Rotary's concept of service to business, the profession and the workplace. Before Rotarians go about putting the principles of vocational service into practice, they need to reflect on their daily relations, with employees, suppliers and peers. Otherwise, how can they apply the words of the second Object of Rotary, which instructs them to understand and practice.

The basic question concerning vocational service that every Rotarian should ask is: *"What can I*



*do in my daily work to be a little more helpful and friendly to others?"* This is especially important since vocational service should be a living and daily experience.

Founder Paul Harris had an idea that friendship and business could be mixed and that by doing so would result in more business and friendship for everyone involved. As such, every Rotarian should personally contribute to society through his/her business or profession.

Since 1965, one of Rotary's most popular and rewarding programs - combining vocational service and international understanding- has been The **Group Study Exchange (GSE) program**. It enables young business and professional men and women to observe and learn how their vocation is practiced in another country. More recently the Rotary Foundation has funded **Vocational Training Teams (VTT)** which consist of groups of professionals traveling abroad to either learn about their profession or teach local professionals about a particular field.

Let's celebrate Vocational Service Month by promoting the ethical basis of Rotary and by gaining a better understanding of the diverse vocational talents of our fellow members. We may find untapped talents to enhance our club and our community.

*"The only unique feature of Rotary is vocational service; everything else that we do is repeated by some other organization. If we have a special message or mission in the world that is unique to ourselves, it lies only in the realm of vocational service."* - **T.A. Warren, Past RI President 1945-46**



## JANUARY 2016



*4th : 2nd Club Visit to Rotary Club of Kota Kinabalu*



*6th : Mid Term Review in Johor & Malacca*



*6th : Mid Term Review in Johor & Malacca*



## JANUARY 2016



*7th : Joint Club Presidents' Meeting in Singapore*



*7th : Mid Term Review in Singapore*



## JANUARY 2016



*8th : Rotary Club of Singapore Heartland's Charter Night*



*8th : Rotary Club of Singapore Heartland's Charter Night*



*8th : Rotary Club of Singapore Heartland's Charter Night together with DG Siti from D3300 and PDG Leslie*



## JANUARY 2016



*9th : Fellowship with other members from the Rotary Club of Mersing*



*10th : Visit to Yayasan Kelab Rotary Mersing's Hemodialysis Centre*



## JANUARY 2016



10th : Rotary Club of Yong Peng's Charter Night



10th : Rotary Club of Yong Peng's Charter Night



10th : Rotary Club of Yong Peng's Charter Night



## JANUARY 2016



*11th : Fellowship with members from the Rotary Club of Segamat*



*12th : 2nd Club Visit to the Rotary Club of Kluang*



*13th : Joint AGs' meeting in Singapore*



**JANUARY 2016**

---



*13th : Rotary Idol in Singapore*



*13th : Rotary Idol in Singapore*



## JANUARY 2016



14-17th : Rotary Club of Sentosa's 'Bike to School' project in Cambodia



## JANUARY 2016



*14-17th : Rotary Club of Sentosa's 'Bike to School' project in Cambodia*



*18th : 2nd Club Visit to the Rotary Club of Queenstown*



## JANUARY 2016



22nd - 24th : Operation Smile Cambodia



## JANUARY 2016



*30th : ICC Meeting in Singapore*



*30th : ICC Meeting in Singapore*



Greetings from  
**JESSEY YAP**

*District Rotaract Representative 2015-16*

---

Dear Rotaractors and friends,

My warmest greetings and peace to you all.

In line with our Rotary motto '**Fellowship Through Service**', the Rotaract Club of Likas Bay had their half-day fun activities with the kids from HOPE Learning Centre located in Golden Plaza, Donggongon. The kids are all from less fortunate and low income family who can't even afford to buy a box of colour pencils. Rotaract Club of Likas Bay bought for them exercise books, colours pencils and other stationaries together with hundred cups of ice cream to the kids.

Besides that, Rotaractors also continued to carry the motto of '**Be a gift to the world**', where the Rotaract Club of Northwest volunteered at the Food Bank in Singapore on 16th Jan 2016. It was indeed an eye opener to witness and understand how donated food products are being sorted and pack before distributing to the beneficiaries.

Rotaractors have never stopped carrying out activities and fellowships, we look forward to continue working with all Rotaract and Rotary to serve and inspire others! Let's continue to serve the community better and '**Be a gift to the World**'.

***Enjoy Rotaract and love humanity!***



Rotaract Club of Likas Bay's Half-Day Fun Activities with the kids from HOPE Learning Centre



Members from the Rotaract Club of Northwest volunteering at the local Food Bank in Singapore



## SUCCESSFUL WOMEN MENTOR YOUTH THROUGH ROTARY

Arnold R. Grahl

*Rotary News*



CLARA MONTANEZ ATTENDS A RECEPTION IN 2013 FOR THE CHAMPIONS OF CHANGE HONOREES AT THE WHITE HOUSE IN WASHINGTON D.C.

When Clara Montanez was a student, she never heard the word mentoring. The idea of having a role model help you pursue your ambitions was unfamiliar to her.

“You basically chose your career based on personal interest and hoped you could find a job,” says Montanez, senior director of investment for Oppenheimer & Co., Inc. “I went the route of getting married and having children first, and started my career later in life. I had no model for how to do that.”

That changed for Montanez the day a friend invited her to join Rotary.

“Frankly, I was dragged into Rotary. I didn’t see a connection at first,” says Montanez, who’s been a member of the Rotary Club of Washington, D.C., since 2003. “But then I met several women, including Doris Margolis, who took me under her wing and started mentoring me on how to get more involved. I began seeing the value in having someone I could count on as a mentor, and I have become more of a leader in our club, in my community, and at work.”

Rotary’s mentoring opportunities motivated Montanez, Rotary’s alternate representative to the Organization of American States, to help organize an event for International Women’s Day, 8 March. The event, to be held at the World Bank Group headquarters in Washington, will feature Deepa



Willingham and Marion Bunch, both previously honored as Rotary Women of Action. Rotary International Director Jennifer Jones will moderate the event, which will be streamed on World Bank Live.

Montanez says Rotary has given her a platform to mentor young women as they balance career and family, as well as manage the challenge of repaying student loans. According to a recent study by the American Association of University Women, the student loan debt burden weighs more heavily on women because of the persistent gap in pay between women and men.

“I think Rotary has given me access to young people, like Rotaractors, and they are ready to accept guidance because Rotary is a safe place to reach out and get advice,” says Montanez.

Similarly, Jackie Huie, a member of the Rotary Club of St. Joseph & Benton Harbor, Michigan, USA, recognizes Rotary’s mentoring power. In 2007, Huie’s club created a program that matches high school juniors and seniors with a mentor in the field they’d like to enter. The program started with 40 students at one high school and has now expanded into schools across the area.

“I got a letter from a girl who came from a poor background, and through the program, she got a chance to meet with an attorney in town,” says Huie, president of JohnsonRauhoff, a multimedia company that fosters creative thinking for artists. “It inspired her and gave her confidence to go to school and study law. She got accepted into four law schools and is on her way to becoming an attorney.”

Besides the investment in young people’s futures, mentoring brings clubs important community recognition. For example, Huie’s club has 150 members, a large number for a club that doesn’t hold membership drives, she says.

“Everyone in southwest Michigan knows about Rotary,” says Huie. “We had a student who wanted to be a CEO for a large corporation. After we arranged for him to meet with the CEO of Whirlpool, his father was so impressed with the whole program that he joined Rotary.”

Many of the program’s early participants went on to form an Interact club, and there are now more than 200 Interact members at four area schools. Forty of them will travel to the Dominican Republic this summer to install water filters and take part in a medical mission.

“It’s important for Rotary to make an investment in young people,” says Huie. “My own daughter is in Interact because of my membership in Rotary. I think her world is broader, and she looks at the world differently. We all do, because of what we’ve learned through Rotary.”

## CLUB ACTIVITIES FEATURED IN THE LOCAL NEWS

### President Helen Tang

Rotary Club of Belait



马来英扶轮社理事与血库医疗人员合摄于捐血活动上。



President of RC Belait Helen Ting (2nd L) and other members of RC Belait pose for a photo with one of the donors during the blood donation event at Blood Bank, Suri Seri Begawan Hospital. Picture: BT/Hafiza Maideen

## RC Belait donates blood

Hafizah Maideen  
BELAIT

ROTARY Club Belait (RC Belait) saw a successful turnout of donors in which 55 pints of blood was netted throughout the event recently.

The annual event by RC Belait was held in collaboration with the Blood Bank Department of Suri Seri Begawan Hospital, Kuala Belait.

President of RC Belait, Helen Ting commented that the donation saw a number of first-time donors, including the club's senior Rotarian members, namely PP Toh Fui Ming, OC Camille Chai and PE

Patrick Lai. "We would also like to thank Sahid Sdn Bhd for showing their support to our event by encouraging their staff to donate," said the president, where the employees were granted half-day leave to attend the event.

The blood donation aims to increase awareness amongst the public on the need to replenish the blood bank in Belait's hospital. The club hopes that more youths will start donating their blood which has its own health benefits.

Refreshments were also given to the participants as a token of appreciation by the club.

The Brunei Times

## RC Belait brings cheer to Seria elderly

Hafizah Maideen  
BELAIT

MEMBERS of Rotary Club Belait (RC Belait) yesterday brought cheers to residents of the old folks home in Seria as they dropped by for their routine visit.

The members, led by its president Helen Tang, visited the senior citizens at the Community Service Centre where they conveyed their Chinese New Year greetings.

As part of its annual activities, the visit is one of the ways for them to spend the festive season especially with the elderly who do not have any family members in the country.

"It's part of our tradition to visit the senior citizens during Chinese New Year," said Tang regarding the visit, where the members not only gave their greetings but entertained the residents with traditional songs.

In addition, the residents also received Mandarin oranges and customary red packets personally from the RC Belait club members.

Prior to the visit, the club members also prepared food for the old folks dinner later in the day.

Following the visit to the community service centre in Seria, the members then continued their visit to Ting Ah Siew, a blind man living in Labi.

"Aside from routine visit to Ah



President of RC Belait Helen Tang (right) and members of the club giving red packets and Mandarin oranges to the senior citizens at the old folks home yesterday. Picture: BT/Hafizah Maideen

Siew, we will also be looking at some of our projects, such as the solar power project in the area," added the president.

RC Belait has been working closely with the Community Service Centre, which currently

houses 10 senior citizens. Aside from bringing cheer during festive season, the rotary club has also provided aid in bettering the living environment of the centre's residents.

The Brunei Times





## BACK TO BASICS - GLOBAL GRANTS

---

Global grants support large international activities with sustainable, measurable outcomes in Rotary's areas of focus. Grant sponsors form international partnerships that respond to real community needs.

**WHAT THEY SUPPORT** Global grants can fund these activities:

- Humanitarian projects
- Scholarships for graduate-level academic studies
- Vocational training teams, which are groups of professionals who travel abroad either to teach local professionals about a particular field or to learn more about their own

**HOW TO USE THEM** A key nature of global grants is partnership, between the district or club where the activity is carried out and a district or club in another country. Both sponsors must be qualified before they can submit an application.

To be successful, your application must:

- Be sustainable and include plans for long-term success after the global grant funds have been spent
- Include measurable goals
- Align with one of our areas of focus
- Respond to real community needs
- Actively involve Rotarians and community members
- Meet the eligibility requirements in the grants terms and conditions
- Applications are accepted throughout the year and reviewed as they are received

**HOW THEY'RE FUNDED** : The minimum budget for a global grant activity is \$30,000. The Foundation's World Fund provides a minimum of \$15,000 and maximum of \$200,000. Clubs and districts contribute District Designated Funds (DDF) and/or cash contributions that the World Fund matches. DDF is matched at 100% and cash is matched at 50%.

### RESOURCES & REFERENCE

- Terms and Conditions for Rotary Foundation District Grants and Global Grants
- Areas of Focus Policy Statements
- Grant Management Manual
- Designing Sustainable Projects
- Grants travel request
- Global Grant Lifecycle

### TOOLS

- Take a course on Rotary grants in the Learning enter
- Get started with the grants application tool
- Check our discussion groups

### ROTARY SUPPORT

- District Rotary Foundation committee
- Regional Rotary Foundation coordinator
- Rotary grant officer
- Club Rotary Foundation committee



## ROTARY CLUB OF KOTA KINABALU PEARL EARNS RECOGNITION FOR ACHIEVEMENT

Mary Chin

*Daily Express*

KOTA KINABALU: The proactive Rotary Club of Kota Kinabalu Pearl (RCKKP) has earned praises from Rotary International (RI) District 3310 Governor, Philip Chong (2015-2016) of home club, the Rotary Club of Likas Bay.

He presented the Certificate of Achievement to RCKKP, which was received by Charter President Datuk Adeline Leong whose term expires on June 30, this year. He said the certificate was a District 3310 Award for having attained 72pc club membership signed up at “My Rotary-Rotary International” account before December 31 last year.

Speaking at RCKPP’s Membership gathering held at the residence of President-Elect Datuk Noni J. Said, Chong said: “Congratulations! Only 10 clubs in District 3310 have achieved the Certificate of Achievement. Of the figure, six have attained 100pc. The rest which achieved 70pc and above are also given due recognition.” He noted that the club has laid a strong foundation for growth and development, attributing the progress to a team of powerful ladies led by Leong.

“I have never felt the enthusiasm and spirit of teamwork demonstrated by you. I have never seen results like yours. You have it all – membership, you were chartered in September last year with 74 members; the sisterhood pacts (with Rotary Club of Meycauayan Jewels in Manila and Rotary Club of Cebu Gloria Maris in Cebu, Philippines); your public relations and contribution to Rotary Foundation.

“The Rotary Foundation offers grants that support a wide variety of projects that Rotarians are doing around the world. Which means your monetary gift to the Rotary Foundation allows it to improve communities by preventing disease, bolstering economic development as well as



*District Governor Chong (4th left), wife Yong Len Nyuk (on his left), Assistant Governor Iskandar (2nd right), Adeline (3rd right), Noni (2nd left), Majella (right) and Ursula (left) with newly-inducted members Annie (4th right) and Celestina (3rd left).*



providing clean water and sanitation,” he said. The gathering also saw the induction ceremony for two new members of RCKKP, witnessed by RI District 3310 Assistant Governor, Iskandar Ahmad and the club’s Membership Chairperson Majella Tan.

As Club President, Leong inducted the members while Chong read the charge and presented the Rotary pins to them. She sponsored the membership of businesswoman Datin Annie Chee while Ursula U sponsored lawyer Celestina Chin’s membership. In delivering the charge, the District Governor said: “You have been chosen for membership of the Rotary Club of Kota Kinabalu Pearl because your fellow Rotarians believe in you to be a Leader in your special field of activity.

“At the same time, you become an Ambassador, and we rely on you to carry the principles and ideals of service which we have. We accept you as a member because we know our principles and organisation to be safe in your keeping.

“We also expect you to give us the inspiration that will help us to become better Rotarians and it is with this hope that I invest you with the distinguishing badge of a Rotarian, and gladly offer you the right hand of Rotary Fellowship.”

Meanwhile, Chong said he will be kept on his toes until his term expires on June 30 this year. “I have visited the 66 clubs in the last six month, and officiated at 35 club installations. Next six months, I will be very busy attending RI District 3310 activities.”

Outlining the calendar of events between February and June 2016, he said the planned activities are:

- Rotary International’s 111th Anniversary (February 23, 2016)
- Rotary District 3310 Fund-Raising Cycle to End Polio in February-March 2016
- PETS (President-Elect Training Seminar) Programme for all incoming club Presidents in March 2016.
- Installation of the Rotary Club of Lu Chou, Taipei (sister club of the Rotary Club of Likas Bay) in Taiwan on March 12, 2016
- RI District 3310 25th District Conference in Chiang Mai, Thailand hosted by the Rotary Club of Likas Bay (April 29-May 1, 2016)
- 2016 RI Convention in Seoul, Korea from May 29-June 1, 2016

“I will invite Datuk Adeline Leong as my guest at the installation banquet of the Rotary Club of Lu Chou, Taipei,” said the District Governor. According to him, all the 66 Rotary Clubs in District 3310 will be involved in celebrating the 111th anniversary.

On February 23, the District Governor will flag off the cycling event in Kota Kinabalu to raise funds for eradication of polio. All the Rotary Clubs in Kota Kinabalu (including RCKKP) will hold the International Night event on February 27 to commemorate the foundation of Rotary International.

He encouraged President-Elect Noni to attend the soon-to-be-conducted one-day PETS training programme in Kota Kinabalu where participants will learn a variety of topics such as club administration, conducting a club meeting, leadership and team building. “It will prepare you adequately for your term of office. It is an opportunity for incoming club presidents to build strong working relationships with their district governor-elect and incoming assistant governors,” Chong said.



## ROTARY'S CORE VALUES

1. Service
2. Fellowship
3. Diversity
4. Integrity
5. Leadership

## THE FOUR WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIP?
4. Will it be BENEFICIAL to all concerned?

## ROTARIAN CODE OF CONDUCT

As a Rotarian, I will:

1. Act with integrity and high ethical standards in my personal and professional life.
2. Deal fairly with others and treat them and their occupations with respect.
3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world.
4. Avoid behavior that reflects adversely on Rotary or other Rotarians.

## THE GUIDE TO DAILY LIVING

of the things we intend to do, ask ourselves these questions and act on them:

1. Have I spent meaningful time with my family? (*Fellowship*)
2. Have I given the best to my work? (*Integrity*)
3. Have I given some time to others, near and far? (*Diversity, Service*)
4. Have I spent some time in self-examination? (*Leadership*)

Introducing...

The Editorial Team



Philip



Chio



Gary



Fia



Audrey



Wes