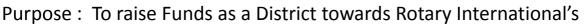


ROTARY END POLIO WALK

SIBU to KUCHING, SARAWAK April 20 to May 1st, 2015

Ending at the District Conference to be held in Kuching from May 1 – 3, 2015

WALK DETAILS



End-Polio Programme.

This is the 4th Walk oragnised by D3310 & 3300 involving

400 + km of walking over 11 Days

Distance: 422 km. Approx 40km per Day.

Timing: Midnite: Light breakfast

01:00 to 11:00 hrs Walking period

11:00 - 12:00 Lunch & Check-in to Budget hotel

13:00 – 18:00 Rest period 18:00 – 19:00 Light Dinner 19:00 – 24:00 rest period

Repeat for 11 Days

May 1st : 09:30am Closing Walk in Kuching to DC Hotel

APPROX. COSTS: Note ALL Participants are to pay their own way!

(Unless they get sponsors for their costs)

Hotel: 12 days x RM 100 = RM 1200 Meals: 11 days x RM 50 = RM 550 Safety vest & lights (1 set) = RM 100

Total approx. costs = RM 1850

Contact: AG Tay Wei Lien: wltayqs@gmail.com

if intending to participate and for further information