

2021-2022 GOVERNOR'S NEWSLETTER



“When you teach somebody to read, they have that for a lifetime. It ripples through the community, one by one.”

-- Mark Wilson, Rotary Club member



TAKE ACTION: Get Involved, Join Rotary

ROTARY MAGAZINE



Have you read the October 2021 issue of Rotary magazine? Click on the magazine cover to read it now.



Hello dear fellow Rotarians and friends of Rotary,

How are you getting on? I hope you are well. Time passes so quickly that I am into the fourth month of my DGship journey. I hope you have enjoyed as much as I do. Virtual meetings of old friends and getting to know the newly joined. I am indeed happy that clubs are inducting new members. It shows that we are proud of our organization and want to keep it growing to reach out more.

I am pleased to extend here the announcement by RI President Shekhar Mehtar of Gordon R. McNally, from the Rotary Club of South Queensferry, Lothian, Scotland, as the official nominee for President of Rotary International for 2023-24. He will be formally elected at the 2022 Rotary International Convention in Houston and becomes President on 1st July 2023.

The COVID-19 pandemic is still with us and our journey of doing good to the world is forever continuing. Our District COVID-19 Response Fund raising was a great success achieving the target within such a short time. Every contribution regardless of the value, size, and strength go a long way in helping those

affected by the pandemic. I will always be touched by the kindness of your heart and willingness to GIVE & SERVE TO CHANGE THE LIVES OF OTHERS. I would like to take this opportunity to say THANK YOU again to all our contributors from far and near for their generous contributions. I would like to remind clubs Presidents that we have not exhausted our COVID-19 support fund. You are welcome to apply for the fund and help those in need in your local community.

On 24th October, we celebrated the WORLD POLIO DAY, yes virtually. We started at 5 pm with an END POLIO NOW (EPN) Zumba by the Rotary Club of Batu Pahat, followed by running sharing/showing of videos and photographs by clubs of their participation in the End Polio Now Awareness Campaign activities over the years.

I cannot express enough my gratitude and appreciation to everyone for making the celebration a great success. Let me start by saying thank you to our distinguished speakers, Past District



Governor (PDG) Michael Yee for sharing of his knowledge of polio which was as insightful as your previous sharing and to Past President (PP) John Nanni for sharing with us his experiences on "What it means: Delivering on a Promise". I am so happy that he accepted my invitation. All of us are looking forward to hearing from him again. And, to Past President Dr. Shahul Hameed for his impressive closing remarks.

Thank you to our advisor, PDG Datuk Zainie Abdul Aucasa, Organizing Chair, PP Frankie Ong and his entire team of dedicated members for having successfully laid out elaborate programs of events that evening, signifying our continuing commitments to polio eradication. I must also thank our Master of Ceremony Rotarian Ho Jee Yuan, Assistant Governor (AG) Clarence Yong, AG Deepak Nagrani and AG Mandy Sia, all of whom did very well in their respective roles. And, to Presidents and members of all host clubs, Assistant governors and all PolioPlus Regional Chairs and committee members, thank you for your hard works and commitments over the months toward the great success of the event.

Thank you to everyone for the success of the sales of the t-shirts and the Buddy events. Rotarian Adelina Adna Adenan for designing the EPN T-shirt, PP Foo Kok Hing from for taking our EPN t-shirts orders. 741 EPN t-shirts were sold at RM40 each and for each t-shirt sold, USD5 is to be contributed to the Polio Fund. Surplus of fund goes to community service projects. Thank you

to my dear friend PP Foo Kok Hing for sponsoring 50 EPN T-shirt for your club members.

There are in total 188 participants who enrolled with the EPN Buddy Awareness Campaign. 75 participants submitted their photos either with their buddy or single participant. I understand that there are some of the clubs who have already contributed to the Polio fund without enrolment. Thank you for your kind support. Really appreciate it.

Thank you, PP Emily Chong for announcing the winners of the End Polio Now Buddy Awareness Campaign. Each of the winners received a EPN Bomber Jacket from me and they are:

- 1. Rotarian Gerald Lee - Single Participation-Rotary Club of Batu Pahat.**
- 2. Rotarian Josephine Ng & Buddy, spouse TY Khoo - Rotary Club of Kulai**
- 3. Rotarian Catherine Liew & Buddy PP Sharifah Habsah - Rotary Club of Kota Kinabalu Pearl**

PP Richard Ong received a special prize of EPN Wristwatch from me. He submitted the most number of photos with a total contribution of USD1,500.00

I am really touched by the initiative and the extra efforts made by several clubs in coming together to support this EPN Awareness Campaign. On behalf of the District, I have decided to recognize them with a surprise prize of RM1,000.00 each for their community service projects.



The clubs are:

1. **The District Retractor Committee members**
2. **Rotary Club of Kuching Central**
3. **Rotary Club of Kota Kinabalu Pearl**
4. **Rotary Club of Pontian**
5. **Rotary Club of Kulai**
6. **Rotary Club of Batu Pahat**

Please join me to congratulate all participants and winners of the EPN Awareness Campaign.

The highlight of the evening was the announcement of the **CLIMB TO CHANGE LIVES**. A climb of a mountain planned 6 months ago. YES, I am climbing Mount Kinabalu, Sabah, Malaysia, one of the highest peaks in our part of the world. To commemorate the launching of my climb, the EPN Bomber Jacket and Wristwatch were launched too, the sales proceed will go to PolioPlus.

I must congratulate the Sabah clubs for composing a very lovely and inspiring EPN song for the World Polio Day (WPD) and I can never thank them enough for inviting me to write a part of the lyrics of that song. Thank you, PP Emily Chong, for leading the initiative supported by Kok Ann, PP Ken Lim, President Stephen Lau Giong Kii of RC Kota Kinabalu Mandarin and members, President Majella Tan of RC Kota Kinabalu Pearl and Rotarian Norma Apines and all participating clubs in making it a great success.

It was an evening I shall not forget. I wish that everyone enjoyed the WPD celebration as I did. Thank you once again for your kind generosity and strong support to our fund raising for PolioPlus.

Polio was not only spoken at district level but by clubs too. Rotary Club Johor Bahru, for example, arranged Past President Dr. S Shamugam to speak about Rotary Polio-Plus and our Rotary Gem, Past President Jimmy Leong who shared with us his journey overland to London. Do flip on and enjoy the rest of our newsletter.

See all of you soon.

Dolly Yeap

***It is not a dream but
admiration of beauty in nature.***

***I shall climb with my heart
filled with love for the children
of the world.***

***I shall climb in good spirit,
thoughts, and blessings of good
health.***

***I shall climb as a true Rotarian
with a passionate heart,
kindness, and love.***



亲爱的扶轮社友和扶轮之友

最近过得好吗？希望大家平安健康。时间过得真快，转眼我已进入总监任期的第四个月。希望你和我们都享受这段旅程。老朋友在虚拟会议上见面并认识新社友。非常高兴看到扶轮社不断地引进新成员。这表明你和我都为我们的组织感到自豪，持续发展以扩大影响力。

很高兴与你分享由国际扶轮社长谢哈尔·梅塔 (Shekhar Mehtar) 宣布的通告，苏格兰洛锡安“昆斯费里南扶轮社”的戈登麦金纳利 (Gordon R. McNally) 成为 2023-24 年国际扶轮社长的正式提名人选。他将在休斯顿 2022 年国际年会中正式选出，并于 2023 年 7 月 1 日担任国际扶轮社长。

COVID-19 大流行还在我们身边，行善天下的旅程将永远继续下去。地区为 COVID-19 响应基金的筹款活动在很短的时间内取得了巨大的成功并实现目标。无论是价值、规模和实力如何，每项贡献对被大流行影响的人们有很大的帮助。我时刻被你的善心和愿意付出和服务来改变他人的生活而感动。我借此机会再次感谢所有来自四方八面捐款者的慷慨解囊。我想提醒扶轮社长们，COVID-19 大流行响应基金还有剩余。欢迎你提交申请以帮助地区内有需要的人。

10 月 24 日，我们在线上庆祝世界小儿麻痹日。节目由下午 5 点开始，由峇株巴辖扶轮社提供 END POLIO NOW (EPN) 根除小儿麻

痹尊巴舞蹈活动，然后分享/展示扶轮社多年来参与 End Polio Now Awareness Campaign 认识根除小儿麻痹活动的视频和照片。

我对所有使庆祝活动取得圆满成功的社友表示感谢和赞赏。首先让我感谢我们杰出的演讲者余溢华前总监 (PDG) Michael Yee 分享他的小儿麻痹知识，这次演讲与他之前的分享一样富有洞察力，也感谢前社长 (PP) John Nanni 与我们分享他在小儿麻痹方面“这意味着什么：兑现承诺”的经验。很高兴他接受了我的邀请，我们所有人都期待他再次的演说。同时也感谢前社长 Shahul Hameed 医生的闭幕词，给人留下深刻的印象。

感谢我们的顾问 PDG Datuk Hj Zainie Abdul Aucasa、筹委会主委前社长 PP Frankie Ong 和他的团队，成功展开了当晚精心策划的活动计划，标志着我们对根除小儿麻痹的持续承诺。还要感谢当晚的司仪扶轮社友何智源、助理总监 (AG) Clarence Yong、(AG) Deepak Nagrani 和 (AG) Mandy Sia，他们在各自的角色中都有出色表现。对于所有联办的扶轮社社长和社友、助理总监以及所有 PolioPlus 区域主委和委员会成员，感谢你们几个月来辛勤地工作和作出承诺，为活动取得圆满成功。

感谢大家在销售 T 恤和 Buddy 好友活动中取得成功。社友 Rotarian Adelina Adna Adenan 设计的 EPN T 恤，前社长 PP Foo Kok Hing 代接受 EPN T 恤订单。共有 741 件的 EPN T 恤每件以 RM40 的价格售出，每售出一件 T 恤，将向小儿麻痹基金捐赠 5 美元。盈余资金会用于社区服务项目。感谢我的好友前社长 PP Foo Kok Hing 赞助 50 件 EPN T 恤，赠与扶轮社友。

参加 EPN Buddy Awareness Campaign 认识根除小儿麻痹好友运动的参与者有 188 名。75 名参与者提交了他们与好友合照或者单身的照片。据我所知有些扶轮社在没有报名参加的情况下也向小儿麻痹基金捐款。感谢您的支持。我会感激不尽。

感谢 前社长PP Emily Chong 宣布 End Polio Now Buddy Awareness Campaign 认识根除小儿麻痹好友运动的获胜者。得奖者都将收到我寄出的 EPN 飞行员夹克，他们是：

1. 社友Rotarian Gerald Lee - 峇株巴辖扶轮社，单人参与者。
2. 社友Rotarian Josephine Ng & Buddy, 配偶TY Khoo - 古来扶轮社，群体参与
3. 社友Rotarian Catherine Liew & Buddy PP Sharifah Habsah- 亚庇珍珠扶轮社，群体参与

前社长PP Richard Ong 获颁我的 EPN Wristwatch 腕表特别奖。他提交的照片数量最多，总捐款为 1,500.00 美元

由几家扶轮社联合起来支持这次 EPN 宣传活动的倡议和他们加倍的努力让我非常感动。我代表地区，决定颁发RM1,000.00 的惊喜奖给以下的扶轮社来表彰他们在社区的服务项目：

1. 地区轮青团委会成员
2. 古晋中央扶轮社
3. 亚庇珍珠扶轮社
4. 笨珍扶轮社
5. 古来扶轮社
6. 峇株巴辖扶轮社

让我们一起祝贺 EPN 宣传活动的参与者和获奖者。

当晚的重头戏是 宣布CLIMB TO CHANGE LIVES “勇攀高峰，改变人生”：一项已筹备了六个月的爬山计划。是的，我将攀登本区域最高峰之一，座落在马来西亚沙巴州的京那巴鲁山。为了纪念这次登高，我已推出销售EPN 飞行员夹克和腕表活动，销售收益将捐献给PolioPlus 小儿麻痹及其他病症。

我必须祝贺沙巴的扶轮社友，他们为世界小儿麻痹日 (WPD) 创作了一首非常动听和鼓舞人心的 EPN 歌曲，也感谢他们邀请我填写这首歌的一部分歌词。感谢 前社长PP Emily Chong 领导这项倡议，分别由 Kok Ann、前社长PP Ken Lim、RC Kota Kinabalu Mandarin 亚庇文华扶轮社长 Stephen Lau

Giong Kii 和社友、RC Kota Kinabalu Pearl 亚庇珍珠扶轮社长Majella Tan和 社友Rotarian Norma Apines 以及所有参与扶轮社大力支持，取得了极大的成功。

那是一个我永远不会忘记的夜晚。我希望每个人都像我一样享受 WPD 世界小儿麻痹日的庆祝活动。再次感谢你对PolioPlus 筹款活动慷慨解囊和大力支持。

小儿麻痹不仅在地区时常被注重提到，在扶轮社内也如是。例如，柔佛新山扶轮社安排前社长 S Shamugam 医生谈论 扶轮的Polio-Plus 状况，我们的 Rotary Gem 扶轮瑰宝，前社长 Jimmy Leong 也分享了他从陆路前往英国伦敦的旅程。记得翻开我们的地区月刊阅读其余部分。

期待着很快与大家见面

谢谢你

这不是梦，是对大自然之美的赞赏。

我将带着对世界儿童充满热爱的心而攀登。

我将以最佳的心情、理念和身体健康的祝福下攀登。

我将以真诚扶轮社员的身份，满怀热情的心、仁慈和爱而攀登。

*Translation provided by PP Albert Wong,
RC Tanjung Pagar, Singapore*

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OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships. The test has been translated into more than 100 languages, and Rotarians recite it at club meetings:

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

The District 3310 Governor Newsletter Editorial Team

Adelina Adna
RC Kota Kinabalu
Pearl



Nicole Lee
RC Kota Kinabalu
Pearl



Johannes Gan Dombrowski
RAC Raffles City



Kaylene Pillai
RAC Ngee Ann
Polytechnic



PRESIDENT'S MESSAGE



GREETINGS, MY DEAR CHANGEMAKERS,

A quarter of the Rotary year is now behind us. I am sure you are helping Rotary to *grow more* and *do more*. And I hope you have already done your part for the Each One, Bring One initiative by introducing one person to Rotary.

Do you ever think about your earliest days as a Rotarian? I often do — because those first moments of discovering the power of service shaped who I am today. When I joined my Rotary club, our efforts focused on India's rural communities, where people were living without toilets, getting their drinking water from the same pond they bathed in, and sending their children to outdoor classrooms set up under a tree. The nearest health care provider often was miles away — and the services were inadequate. But after Rotary clubs carried out some service projects, the villages had toilets, clean drinking water, a classroom for early learning, and a nearby health care center.

The spark that Rotary kindled within me forced me to look beyond myself and embrace humanity. It made service a way of life and led me to a guiding principle I still stand by: Service is the rent I pay for the space I occupy on Earth.

If you feel the need to reignite the spark of service in yourself or your club, October — Community Economic Development Month — is a great time to do so. When we work to improve the lives of people in underserved communities — through, for example, projects that provide vocational training and access to financial resources — we help build and sustain local economic growth.

The need is great. According to the United Nations, 9 percent of the world's population — that's 700 million people, a majority of them in sub-Saharan Africa — live on less than \$1.90 a day. By supporting strong community development as well as entrepreneurs, we can help improve conditions for people in that region and others.

Your club can also promote economic development in your own community by expanding vocational training opportunities through local schools and community colleges, partnering with lenders to improve access to financial services, or working with a nonprofit that provides resources to entrepreneurs and connects them with the business community.

Of course, developing strong communities is impossible without strong public health. On 24 October, World Polio Day, we'll celebrate our tremendous progress in the effort to eradicate polio. But we also know the fight is not over. We still need your help raising funds and awareness to ensure that all children are immunized against polio. Please don't forget to activate your clubs on that important day and encourage them to donate here: endpolio.org/world-polio-day.

Service has been rewarding for me throughout my life. I know the same is true for many of you. Join me this month in becoming a good tenant of our planet by helping others to better themselves and their communities. Together, we can *Serve to Change Lives*.

Shekhar Mishra

President, Rotary International



社长文告

各位亲爱的改变者
四分之一扶轮年过去了。我确信各位正在协助扶轮更壮大并做更多。我希望各位对于一个带一个 (Each One, Bring One) 提案已经尽一己之责，将一个人引进扶轮。

各位是否想过你成为扶轮社员的初期？我常常想起——因为发现服务力量的初始时刻塑造我成为今日的我。我刚加入敝社时，我们的行动着重在印度的乡间社区，那里的人没有厕所，从洗澡的池塘取水来喝，把孩子送到树下的户外教室上课。最近可以提供医疗的人可能在好几英里外——而且服务量能又不足。可是在扶轮社推动某些服务计划后，这些村庄有厕所，干净饮水，一间早期学习的教室，以及一间邻近的卫生所。

扶轮在我内心点燃的火苗，驱动我超越自我，拥抱全人类。它使服务成为一种生活方式，引领我走向一个我今日依然信守的准则：服务是我为占据地球空间所付的房租。

如果你觉得有必要在你内在及贵社点燃服务的火花，10月——社区经济发展月——便是理想的时机。当我们努力改善服务不足之社区的居民生活时——举例来说，透过提供职业训练及取得财源的管道——我们便协助建立及支持当地的经济。

需求十分殷切。根据联合国，全世界有9%的人——就是7亿人，绝大多数住在撒哈拉以南

非洲——每天的生活费不到1.9美元。藉由支持创业者及蓬勃的社区发展，我们可以协助改善那个区域及其他地方居民的生活情况。

贵社也可以透过当地学校及社区大学来增加职业训练机会，与金融机构合作改善取得金融服务的管道，或者与提供资源给创业者及为他们寻找企业界人脉的非营利组织合作，来促进你自己社区的经济。

当然，若没有良好的公共卫生，要发展强健的社区便不可能。在10月24日世界根除小儿麻痹日，我们会庆祝我们在根除小儿麻痹工作的巨大进展。可是我们也知道这场战争还没结束。我们仍然需要各位协助募款及宣传，来确保所有的孩子都获得对抗小儿麻痹的免疫力。请别忘记在那个重要日子激励贵社，鼓励他们到下列网址捐款：

endpolio.org/world-polio-day

在我这一生中，服务对我来说一向是充满回报。我知道对你们许多人来说也是如此。这个月与我一起，藉由协助他人让他们及他们社区都变得更好，使我们自己成为地球的好房客。携手同心，我们便能以服务改善人生

梅塔
国际扶轮社长
摘自台湾扶轮

Notification

Extension of Closing Date
'People of Action' Poster Competition
31 December 2021

Poster and Videography Competition

Closing dates

 **Poster** **31 December 2021**
 **Videography** **31 January 2022**

COMMON REQUIREMENTS

1. Open to clubs in District 3310 in good standing.
2. And to clubs in Districts 3300, 3310, 3330, 3340, 3350 & 3360 in good standing for ZONE LEVEL.
3. Each club can only submit **1 Poster and/or 1 Video**.
4. Images used in Banner MUST be taken from the Project(s) organised by the club.
5. Image(s) MUST support the assertion that Rotarians are People of Action.
6. Top 3 Winners at District 3310 will be nominees for ZONE COMPETITION.
7. Trophies or Gift for DISTRICT LEVEL. Cash and Trophies for ZONE LEVEL.

PRIZES

District Level

Winners and Runner-Ups
Trophies / Gift Prizes

Zone Level

Winner	US\$1,500.00
1st Runner Up	US\$1,000.00
2nd Runner Up	US\$ 500.00

SUBMISSION TO:

d3310picompetition@gmail.com

POSTER COMPETITION

1. Select an **Action Verb** for the Headline from the options in the Brand Center.
2. The photo must feature **more than One (1)** person but **no more than Six (6)** persons.
3. Poster size is **A4 print** (21.0x29.7cm / 8.27"x11.69") either Landscape or Portrait.
4. Photograph must showcase at least one (1) Rotary club member/guest who are **at work**.
5. Develop text up to **100 words** to make a statement about Rotary, provide **Proof of Statistics** to support the statement and end with a **Call to Action**.

VIDEO COMPETITION

1. Video must be taken from project/activities organised by the club participating in this competition.
2. Entry must be uploaded on **YouTube**.
3. Duration: Strictly **not more than 1 minute**.
4. Standard aspect ratio of **16:9**.
5. Use suitable **Tag** on your video to increase visibility.
6. Create YouTube Thumbnail image at 1280x720 pixels.
7. Write at least a **100-200 words Description** in YouTube.

THE PROGRAMME

Rotary District 3310 | **SERVE TO CHANGE LIVES**

JOIN US on WORLD POLIO DAY October 24 2021
End Polio Now ZUMBA - Organised by Rotary Club of Batu Pahat at 5pm - 5:45pm
We have invited speakers from far and near.

What is Polio ?
Past District Governor Michael Yee
Time: 8:20pm

What it means: Delivering on a Promise
Past President John Nanni, A Polio Survivor
Time: 8:45pm

Closing Remarks
Past President Dr. Shahul Hameed
Time: 10:00pm

24th Oct 2021
Time: 5:00pm – 10:00pm

Dolly Yeap
Governor RY2021-22

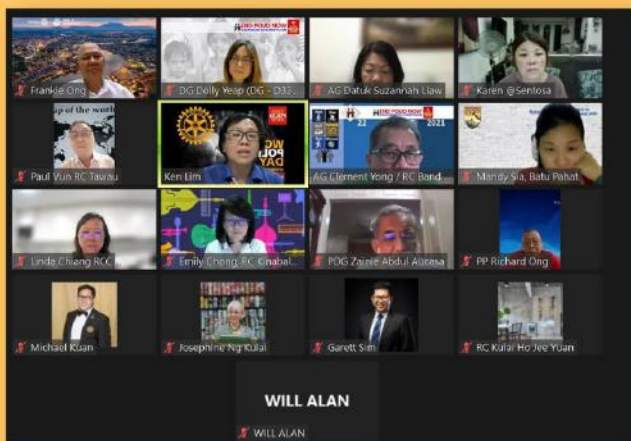
END POLIO NOW | **24th Oct 2021** | **WORLD POLIO DAY** | **Rotary District 3310**

Time: 5:00pm – 10:00pm

Programme (MC – Rotarian Ho Jee Yuan)

- 5:00pm – 5:45 pm - EPN Zumba by Rotary Club of Batu Pahat.
- 6:00pm - 7:45 pm - Showing of video & slides contributed by clubs of their EPN activities.
- 8:00pm - Welcome remarks by Organising Chairman Past President Frankie Ong.
- 8:10pm - Address by District Governor Dolly Yeap.
- 8:20pm - Introduction of Speaker by Assistant Governor Clement Yong.
- 8:25pm - 'What is Polio ?' by Past District Governor Michael Yee.
- 8:45pm - Introduction of Speaker by Assistant Governor Deepak Nagrani.
- 8:50pm - 'What it means: Delivering on a Promise' by Past President John Nanni (A polio survivor).
- 9:10pm - Thank you to our speakers by Assistant Governor Mandy Sia.
- 9:15pm - Presentation of certificates of appreciation to speakers by District Governor Dolly Yeap.
- 9:20pm - Announcement of winners of photo or video for EPN Buddy program by Past President Emily Chong.
- 9:25pm - Presentation of recognitions and prizes by District Governor Dolly Yeap.
- 9:30pm - Launching of EPN's Bomber Jacket and Wrist Watch by District Governor Dolly Yeap.
- 9:40pm - Video presentation.
- 10:00pm - Closing remarks by Past President Dr. Shahul Hameed, District Rotary Foundation Committee Chair.
- 10:10pm - Fellowship.

THE REHEARSALS



**DG DOLLY'S SPEECH**

Dear Fellow Rotarians and friends, good to see you again.

The moment I have been waiting for to share with you my journey but before I do that, I would like to launch the End Polio Now Bomber Jacket and Wristwatch. Yes, someone said I already have a few jackets in my closet and some even said I do not wear watches. I remember selling the 100 EPN watch in less than a month when I first thought of how to raise fund for PolioPlus and that started 6 years ago. It was a very successful fund-raising exercise, and I would like to thank everyone for your support.

Now I am back again with another round of EPN Awareness Campaign and let me begin by acknowledging and thanking many people who are with me in this campaign.

I have mentioned before that I am out of ideas in raising the Polio funds. I felt that the Bomber Jacket is something different from the usual jacket that we have. Yes, the last EPN watch was made in India, I decided to support the local community by ordering a Singapore-made watch. I ordered 200 EPN watches and 1000 EPN jackets. With 72 clubs and if I have each club ordering 10 Bomber jackets, I should be alright.

The ordering of the watches is made possible because of PP Jimmy Cheong, from my friendship club Rotary Club of Changi, paid the full amount of the watches each at cost of SGD70 net. My heartfelt appreciation to PP Jimmy and spouse Helen for their support in making the EPN watch possible.

Thank you, President Linda of RC Changi and members, for hosting and promoting the EPN wristwatches. I was told that out of the 100 watches for Singapore Rotarians and friends, she has sold 40 watches and 10 are on reserved. Thank you, President Linda.

The host club for Sabah is RC Kinabalu Sutera. 34 watches have been taken by Sabah. Thank you to District Polio Chair Datin Betty Hiew. Very kind of her to pay in advance for the watches

and I understand that she has started taking orders.

We are left with 46 watches for Sarawak, Brunei, Johor, and Malacca. The host club for Johor/Malacca is RC Kulai. Kindly refer to Rotarian Josephine Ng and for Sarawak and Brunei is PP Frankie Ong of RC Kuching Central. They will assist in taking orders.

The total cost of the 1000 Jacket is RM80,000, a huge amount indeed. Thank you to my beloved club, RC Kulai for making this bomber jacket possible by paying the 1st and 2nd down payments. My heartfelt appreciation to my President William Wong and his board. He has ordered 30 Jackets to be given to our club members. Each member shall pay US50.00 to the polio fund. Thank you for your support. RC Kulai is the host club. kindly refer to PP Jerry Lau when ordering the Jacket.

GREAT NEWS to announcing that PDG Michael Yee pledged to contribute US10,000 to the polio fund and AG Jimmy Cheong of RC Changi pledge US5,000, RC Singapore has pledged to contribute US15,000. Thank you to RC Brunei Darussalam for contributing almost US5,000 in support of the EPN Campaign since we started. Kindly let me know if there are any pledges or I have missed anyone.

As for the Bomber Jacket, I am pleased to announce that RC Singapore has taken 100, RC Batu Pahat 100, RC Kuching Central 50 -- sponsored by President Andrea Chan and father PP David Chan. Past President Karen Kang of RC Sentosa, Singapore, is assisting us in taking orders for Singapore and her club has taken 10 to start with, RC Shenton 7 and I am sure there will be more orders coming in after the launch. Yes, PDG Michael from RC Garden City has ordered 25 Jackets besides his pledge. Thank you PDG Michael. From Sabah, a total of 40 Jackets has been sold, according to PP Emily Chong, the Polio Plus Sabah Regional Chair.



**END
POLIO
NOW**

DISTRICT 3310 WORLD POLIO DAY

MC - Ho Jee Yuan



There has never been a disease quite like polio. Unique in ways that defy explanation, it has created a legacy of shattered lives that continues to this day.



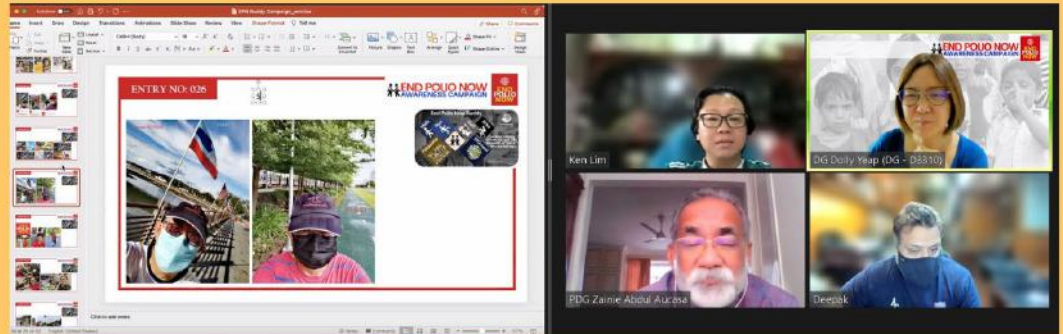
Scan or click the QR code to watch the exclusive EPN Music Video - "This Close"

This Close
Vocal: Rotary Clubs of Sabah Executive Program Rotary Club of Kota Kinabalu Mainland



DISTRICT 3310 WORLD POLIO DAY

END POLIO NOW



The selection process

EPN BUDDY AWARENESS CAMPAIGN WINNERS



RTN GERALD LEE, RC BATU PAHAT



RTN JOSEPHINE NG & SPOUSE, RC KULAI



RTN CATHERINE LIEW & PP DATUK SHARIFAH HABSAH, RC KOTA KINABALU PEARL



MOST NUMBER OF PHOTOS SUBMITTED - PP RICHARD ONG

RC KUCHING CENTRAL



RC KOTA KINABALU PEARL



RC PONTIAN



RC KULAI



RC BATU PAHAT



**DG SPECIAL MESSAGE**

I HAVE an interesting journey to share with you. I never know that my passion for Rotary can be that strong that what I am about to share with you, you will be proud of me as I am doing it for the children of the world. A promise to raise the amount to get closer to closing the gap but need all your support because I am unable to do it alone.

I have been telling my EPN story but did not reveal the Rotarian that touched my heart when he shared his EPN story with me. It was because of this person; I was convinced from the start of my appointment as the District Polio plus Committee Chair for three CONSECUTIVE years that I must raise fund for polio.

After listening to him that evening in a town called Bintulu, I spread the EPN campaign with confidence. I will not want to disappoint any of the children of the world and do less if the last child is not given the last drop to close the gap. Thank you Past President Dave Kuan from RC of Bintulu Central. It all started over dinner one night during my visit, my first visit to raise the EPN Campaign in Bintulu. I take this opportunity to thank PP Dave for opening my thoughts that polio is our concern as we are living in a borderless world where there is still the chance of our children getting the disease, as what in Sabah in early 2019. Thank you for your kind contribution, Polio Fund and making a video that we saw earlier with our 1st EPN ride jerseys designed my PP Irwan Norris of RC Johor Sentral when PDG Michael Yee was the Governor.

End Polio Now Awareness Campaign is in my blood. We are almost there with only two countries left namely Afghanistan and Pakistan. Therefore, why not make that final push.

When PDG Datuk Zainie Abdul Aucasa proposed the idea to me, I immediately agreed. I am the first woman Governor in our district, I am in good health. I have been walking and will start to keep fit to make the climb in April. I welcome you to climb with me. Past President Dr. Ravi from RC Kota Kinabalu will be guiding me as he has climbed the same path for more than 50 times.

YES, I am going to climb one of the highest mountains in our part of the world, the Majestic Mount Kinabalu.

I always admired Mt. Kinabalu when I arrived from either Singapore or Johor Bahru, panoramic view from the window of my airplane seat the beauty of the majestic mountain is very charming, and when I travelled the route to Tawau from Kota Kinabalu, I ensured that I seat on the correct side to enable to catch a glimpse of it. Sometimes, the clouds cover it making me want to fly again on the same route just to have a panoramic view of that mountain, a mountain that one day I must climb.

The Organising Committee of this Climb started planning this climb since and by April next year is the month of the climb. I would like to thank the Organising Committee for their hard works and dedication and for not revealing the Climb till we launch it on World Polio Day tonight. All of you have been wonderful and it is really a pleasure working with you.

Dear fellow Rotarians, I seek your kind support in buying the wristwatches or the bomber Jackets which we have just launched in conjunction with this Climb. I thank you for your support in contributing to Polio Fund to support me in my climb. You might like to consider being a First-time giver to be a major donor or move on to the next level. Your kind generosity will go long way in helping all efforts to eradicate this deadly disease, Polio. Do help me to keep our promise to the children of the world.

I THANK YOU for your strong support and do pray for my smooth journey and safe climb, the mountain I must climb, Mount Kinabalu.

**END
POLIO
NOW**

DISTRICT 3310 WORLD POLIO DAY

EPN MERCHANDISE

EPN Polo T-Shirt

Sizes: XS-6XL | RM40/each

CLIMB TO CHANGE LIVES EXCLUSIVE

EPN Watch

Aries Gold

SGD70/each + USD50 (to Polio Fund)

EPN Bomber Jacket

RM80/each + USD50 (to Polio Fund)



**Get in touch with your
Club Rotary Foundation
Chair to order!**





WE ARE THIS CLOSE TO ENDING POLIO



Now is our chance to change the world. To make sure no child is disabled by polio ever again.

Join in. Speak out. Donate. Be a part of history.

To donate use this link: <https://my.rotary.org/en/donate>

To participate use this link: <https://forms.gle/iag38Yn9HeFJ3KmA9>

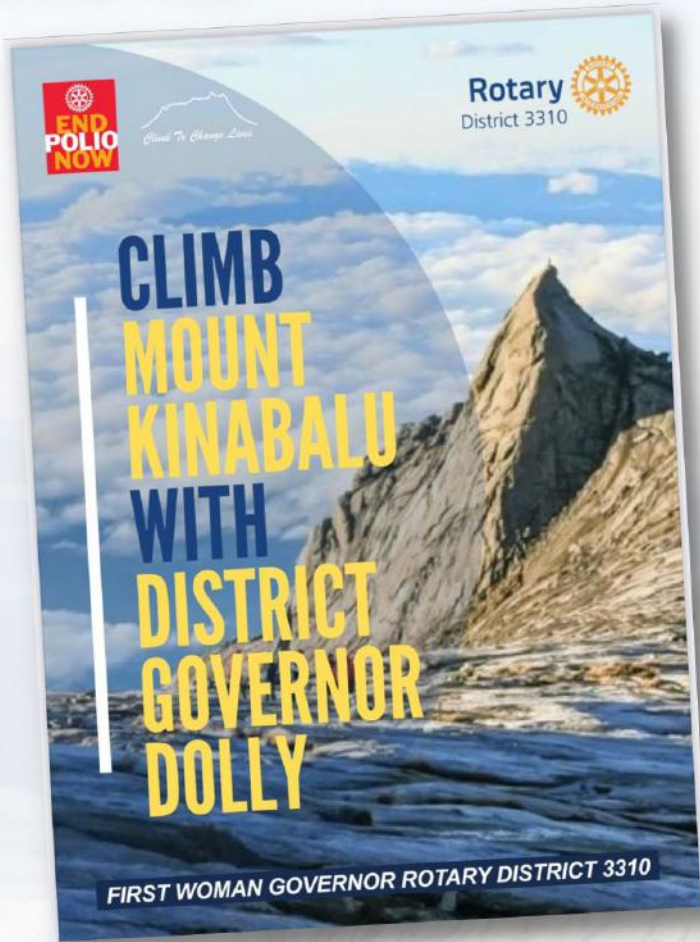


End Polio Now Buddy

ThisClose



Dolly Yeap
Governor RY2021-22



CLIMB TO CHANGE LIVES is one of the challenging journey of my Governorship.

During one of my speeches held at my PETs & DISTAS, I spoke of my love to watch the sunset and sunrise and my love for walking too. And, that I might not be able to do so when my Governorship journey begins. But, I am an active person with passion for outdoor and adventure. Surely, I will be missing all that. I should consider climbing Mount Kinabalu and that is exactly what I am going to do.

I am determined to try my best to climb Mount Kinabalu, the highest mountain in Borneo and Malaysia. With an elevation of 13,435 ft, it is the third-highest peak of an island on Earth, and 20th most prominent mountain in the world by topographic prominence.

I need to train hard and this I did. On 30th October I started my first climb at Mount Pulai, Kulai, under the guidance of Past President Leong Chee Woh. It was indeed an experience for me and I look forward to hearing more from him of his interesting adventures when he led our District EPN Walk across Sabah & Climb of Mount Kinabalu.



CLIMB TO CHANGE LIVES

COMING
SOON

21st – 23rd April 2022





Dear Rotarians of District 3310,

According to the recent Rotary annual survey to gauge member satisfaction, revealed that a good and fulfilling club experience is necessary for members and is a key factor in their decision to continue their membership.

The **5 most prominent factors** that make for a good club experience are:

- Friendship and personal interaction
- Getting involved in the local community
- Learning new things from guest speakers and discussing interesting topics
- Well-structured meetings that start and end on time
- Leaders who listen to and engage members

Dear Presidents and all beloved Rotarians of D3310, my humble request, let's work towards our VMO to grow Rotary and change lives.

Stay safe and healthy.

PP Foo Kok Hing
District Membership Development Team

DISTRICT MEMBERSHIP STATUS

As of 30 October 2021

Well done and Congratulations to 34 clubs with positive growth in October:

1. Bandar Penggaram Mandarin
2. Bandar Seri Begawan
3. Batu Pahat
4. Belait
5. Bintulu
6. Bugis Junction
7. E-Club 3310
8. Garden City
9. Johor Centennial
10. Johor Bahru
11. Jurong Town
12. Kampong Gelam
13. Kota Kinbalu South
14. KuchingCentral
15. Kulai
16. Luyang
17. Malacca
18. Miri
19. Mount Sophia
20. Muar
21. Pandan Valley
22. Pasir Gudang
23. Pasir Gudang Mandarin
24. Penampang
25. Queenstown
26. Sentosa
27. Singapore
28. Singapore East
29. Singapore North
30. Singapore West
31. Sri Kenyalang
32. Tawau Tanjung
33. Tebrau
34. Yong Peng

Top 3 clubs in membership as of today:

- 1. RC Singapore** - 175 members
- 2. RC Batu Pahat** - 130 members
- 3. RC Bandar Penggaram Mandarin** - 125 members

Current District membership status:
2210 members (Net Change: 92)

Number of Clubs: **72 Clubs**



CONGRATULATIONS TO OUR NEWEST CLUB

Dear Fellow Rotarians,
Good afternoon! I hope everyone is well.

I would like to share the good news to welcome into our family of Rotary, the Rotary Club of Sri Kenyalang, Kuching, Malaysia. Rotary International District 3310.

Past President (PP) Raja Noor Raja Kamil has received the club Charter Certificate together with a letter from Rotary International President Shekhar Mehta and we are happy to share them here with all of you. PP Raja Noor and I had discussed the possibility of another club in Kuching, Malaysia. With her dedication and commitment to Rotary, she has inspired and motivated 24 other ladies to join her.

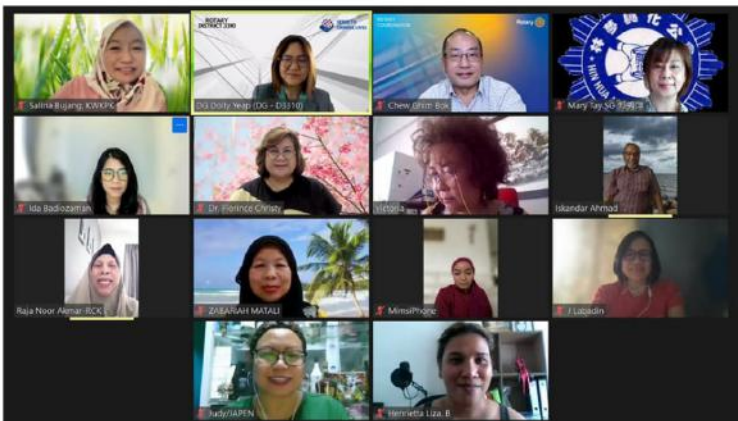


Congratulations to Charter President Raja Noor and all members of the Rotary Club of Sri Kenyalang. Please join me in welcoming them to this big family of Rotary.

For those who are wondering what does Sri Kenyalang mean?

Sri Kenyalang means beautiful hornbills. The state of Sarawak is known as the Land of the Hornbills.

Just for your information, a few weeks ago Charter President Raja Noor received a Certificate of Appreciation from Rotary International Membership Chair, Kamal Sanghvi for adding women Rotarians. Women in Rotary (WIRI) is a platform for women in Rotary, worldwide to come together and exchange ideas, collaborate and empower. Thank you to Charter President Rotarian Jjulia for giving us the opportunity.



Rotary
Districts 3300 & 3310 



11TH SEEING EYE TO EYE CONFERENCE

Host Club:
Rotary Club of Kota Kinabalu

In Collaboration With:
Rotaract
Club of eRotaract 3310 

This is the third time that Rotary Club Kota Kinabalu (RCKK) hosted this event. Due to the current Covid-19 pandemic the conference was held on virtual platform.

The conference was held on 10th October 2021.

This year, 12 eminent ophthalmologists and distinguished Rotarians from Malaysia, Singapore, Indonesia, India and Pakistan shared their knowledge and experience in eyes diseases and blindness prevention.

Thanks to the hard works and coordination of members of the organising committee the program of the day was carried out smoothly without any major hiccups. We have participants logged on from Malaysia, Brunei, Singapore, Indonesia, Pakistan, and as far as Hawaii, the conference was also streamed live via RCKK FB. Near 80% of the participants remained logged on throughout the conference.

The conference ended with the vote of thanks by CP James D Gomez, followed by the Handing Over Ceremony of next year's conference from CP James D Gomez to PDG Siti Subaidah, Advisor of District 3300 Action Group On Blindness Prevention.

Jointly Organised By:
Rotary Districts 3300 & 3310  

Eye Care, We Care

Host Club:
Rotary Club of Kota Kinabalu

In Collaboration With:
Rotaract
Club of eRotaract 3310 

11TH SEEING EYE TO EYE CONFERENCE

Date: 10 October 2021, Sun (GMT+8)
Time: 8.30am - 4.00pm

zoom

Website: <https://www.rotarydistrict3310.org.my/sec2021/>

DISTRICT 3310 GOVERNOR DOLLY YEAP			DISTRICT 3300 GOVERNOR DATO' BINDI RAJASEGARAN
			
<small>CP JAMES GOMEZ Chairman District 3316 Prevention of Blindness Committee</small>	<small>DATO' KULASEGARAN Chairman District 3300 Action Group on Blindness Prevention</small>	<small>PRESIDENT KEVIN LIM Host Club Rotary Club of Kota Kinabalu</small>	<small>OC EDWARD TAN Conference Organising Chairperson</small>

Click the link below or Scan the QR code to Register
<https://bit.ly/RegisterSEEC> 



T: OC Edward and RCKK President Kevin with the Oasis in City coffee table book.

L: D3310 Gov Dolly, D3300 Gov Dato' Bindi, CP James, Dato' Kulasegaran, President Kevin with the Birdwing Butterfly photo.

SPEAKERS



MYOPIA EPIDEMIC
Dr Dayang Sayalam
Consultant Ophthalmologist
Jesselton Eye Centre



CATARACT SURGERY - RESTORING SIGHT, IMPROVES LIVES
Dr Chin Kel Vin
Consultant Ophthalmologist
KPJ Sabah Specialist Hospital



DIABETIC RETINOPATHY
Dr Peter Kong
Consultant Ophthalmologist
Synergy Specialist Eye Centre



WHY ARE DIABETICS GOING BLIND IN THIS MODERN ERA?
Dr Pall Singh
Rotary Club of Bangsar &
Member of DAGBP, D3300



ERADICATING AVOIDABLE BLINDNESS
Dr Tapan Kumar Rao
Rotary Club of Singapore,
D3310



COMMUNITY INVOLVEMENT FOR COMMUNITY PROBLEMS DURING PANDEMIC ERA
Prof Dr T D Gondhwiardjo
Jakarta Eye Centre and Council Member



D3300... A FOCUSED APPROACH IN VISION CARE
PDG Leslie Salehuddin
Rotary Club of Gombak, D3300



GIFT OF SIGHT - ROTARY EFFORTS IN BLINDNESS PREVENTION
PDG Phillip Chong
Rotary Club of Likas Bay, D3310



THE VISION MISSION: GETTING EVERYONE THE RIGHT TO GOOD SIGHT
Dr Jayant Venkatramani Iyer
Singapore National Eye Centre



AN OVERVIEW OF BLINDNESS PREVENTION, ROTARY ACTION GROUP
PDG Shehzad Ahmed
Rotary Club of Lahore Garrison,
Punjab, Pakistan, D3272



MYTHS, FACTS & ROLE OF ROTARIAN IN EYE DONATION
PP Dr Quresh B Maskati
Rotary Club of Bombay North,
India, D3141



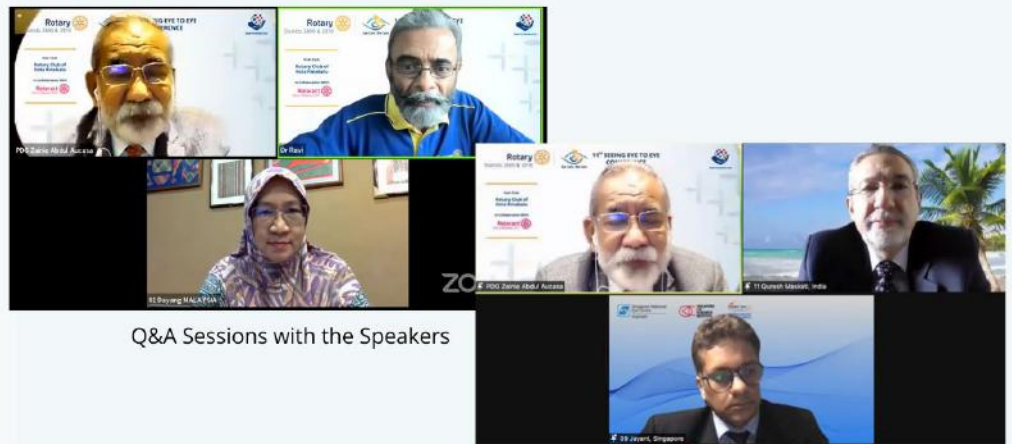
ZERO AVOIDABLE BLINDNESS
PDG Dr Rekha Shetty
Rotary Club of Madras Temple
City, India, D3230



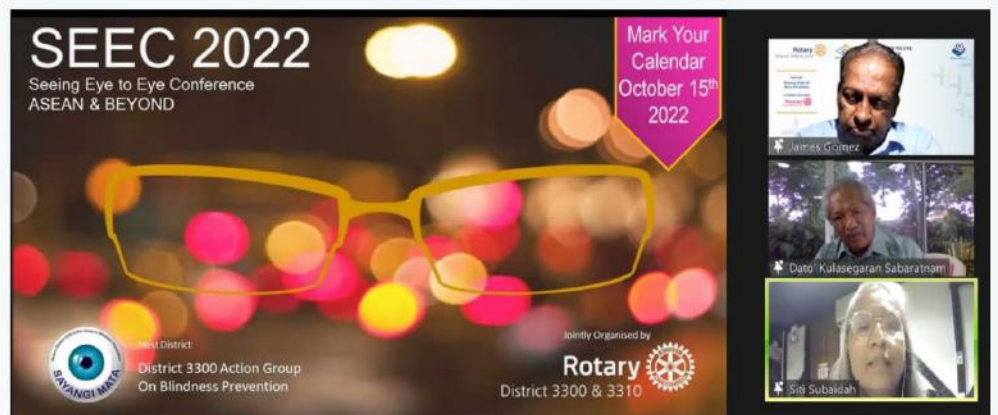
Rtn Joseph and Rtn Vector as emcees for the event



Some of the Speakers During the Conference



Q&A Sessions with the Speakers



SEEC 2022 Handing Over from D3310 to D3300 to be held on **15 October 2022**

“Unveiling GEMS every month”



Meet our featured GEM, **PP Jimmy Leong** of RC Puteri Lagoon, Johore.

In Rotary GEM Series #3, GEM PP Jimmy Leong brought us through his journey carrying our District 3310 ‘End Polio Now’ banner crossing 13 countries. Many will not believe that banner has travelled 20,000 kilometres by road from Malaysia to London crossing 13 countries border to border through the Silk Road, the Takla Makan and Gobi Deserts.

With his organised delivery, complete with the sequence and photos of every stop, PP Jimmy brought us through the special places, and shared with us his favourite, most memorable moments of the journey through the beautiful cultural places, and the most gruesome experience in the cold freezing winter nights.

“Unveiling GEMS every month”

DISTRICT 3310 **Rotary GEM** District 3310 

‘D3310 EPN Banner’ - Across 13 Countries 20K kilometre By Road

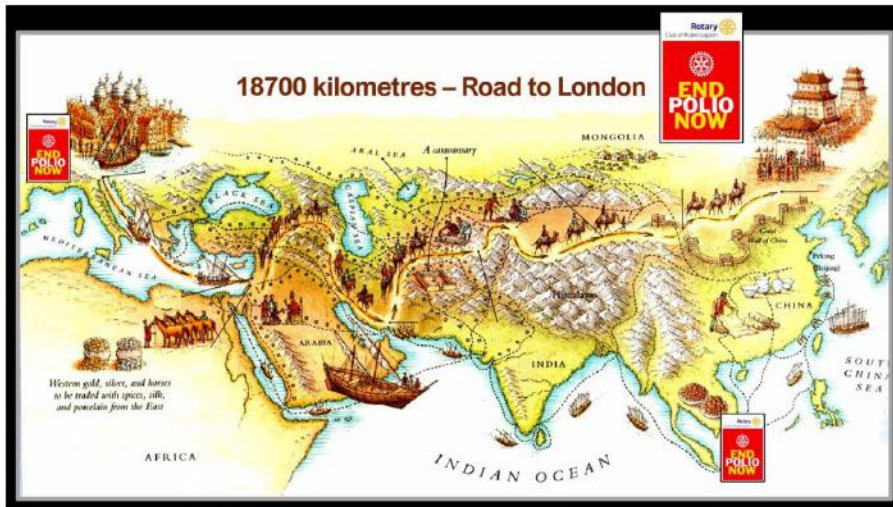
25 Oct 2021 Monday
Malaysia/Singapore
TIME: 8.00PM


PP Jimmy Leong Series #3

 **Project Director**
Fia Iskandar
Rotarian Pharmacist

 **Producer**
Dolly Yeap
Governor

Zoom Meeting ID: 880 2795 1604
Passcode: gempolio



Travelling from Malaysia to London and all the stops in between.



SAVE THE DATE!
Rotary GEM #4 will be held on December 6th, 2021 (Monday), at 8pm-9pm Singapore / Malaysia / Brunei.

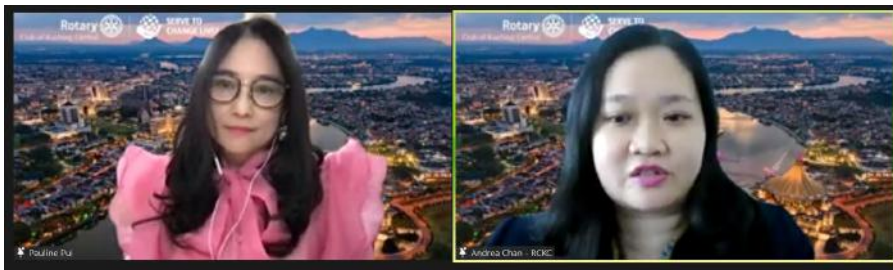
T: Receiving the EPN Bannerette from Dr Jeffrey Lau (RY2016-17) (Pic 1) and his wife (Pic 2),

DG's ACTIVITIES OF THE MONTH

1 OCT - JOINT PRESIDENT MEETING - SINGAPORE

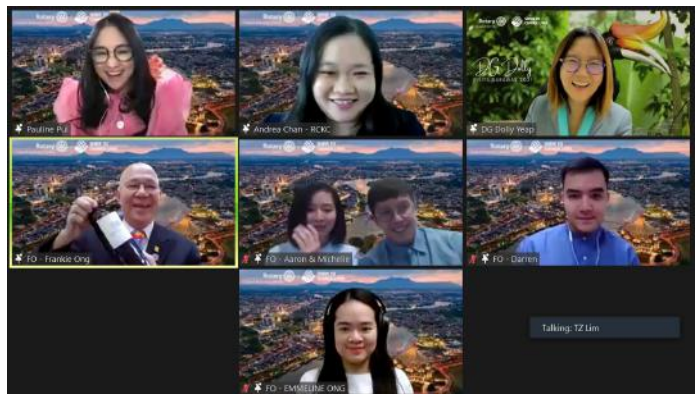


2 OCT - RC KUCHING CENTRAL DG VISIT



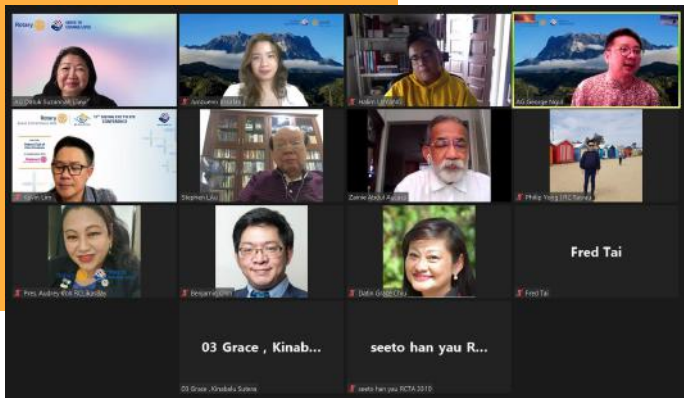
RC Kuching Central inducts Rtn Pauline and introduces their EPN Pin Flags

Welcome to the Rotary family, Rtn Pauline Pui.



DG's ACTIVITIES OF THE MONTH

3 OCT - JOINT PRESIDENTS MEETING - SABAH



4 OCT - RC TANJUNG ARU DG VISIT

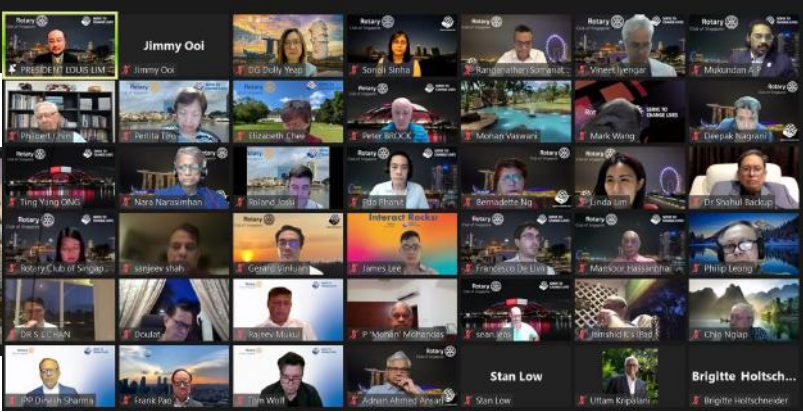
5 OCT - DENGUE COMMITTEE MEETING



The 4th International Dengue Conference with District 3300 will be held on 31st March 2022

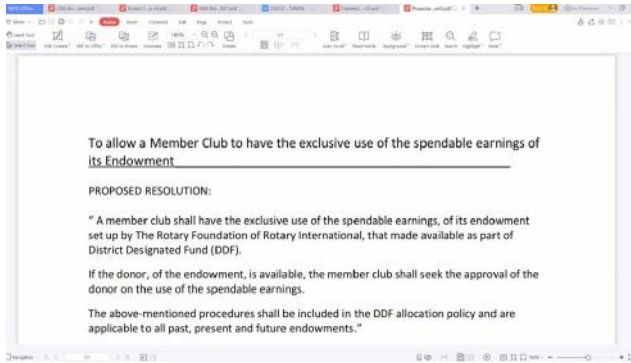


6 OCT - RC SINGAPORE CLUB ASSEMBLY



DG's ACTIVITIES OF THE MONTH

7 OCT - BERHAD MEETING

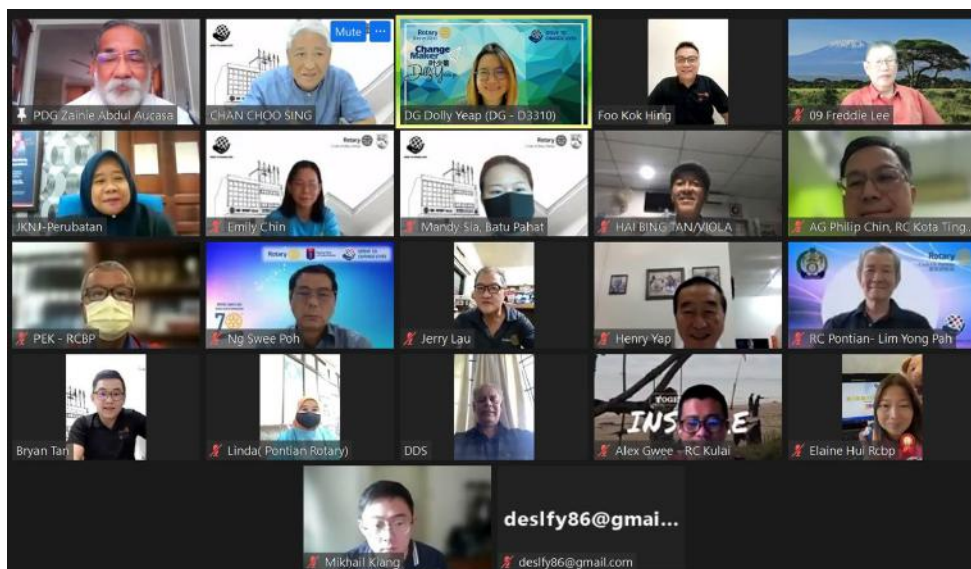


7 OCT - RC PENAMPANG DISCUSSION - CHRISTMAS CAROL COMPETITION



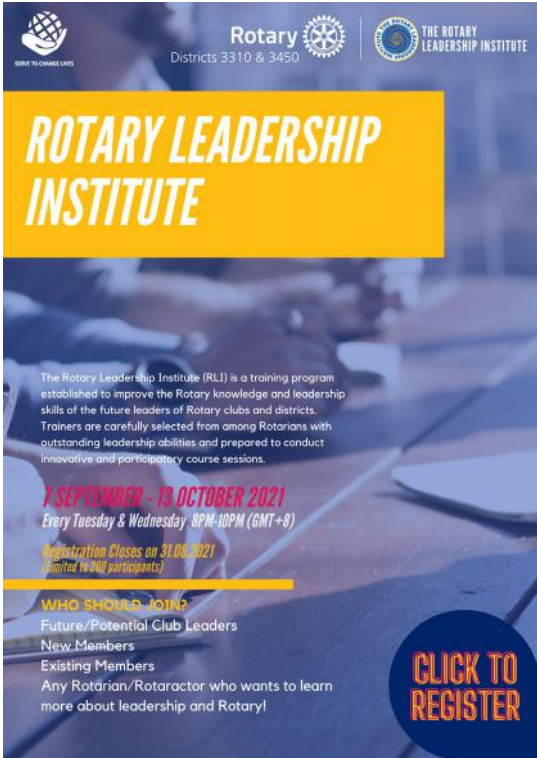
11 OCT - COMMUNITY PROJECT: GIRLS EMPOWERMENT MEETING

11 OCT - JOHOR DIALYSIS MEETING



DG's ACTIVITIES OF THE MONTH

13 OCT - CLOSING OF ROTARY LEARNING INSTITUTE



Rotary
Districts 3310 & 3450

THE ROTARY LEADERSHIP INSTITUTE

ROTARY LEADERSHIP INSTITUTE

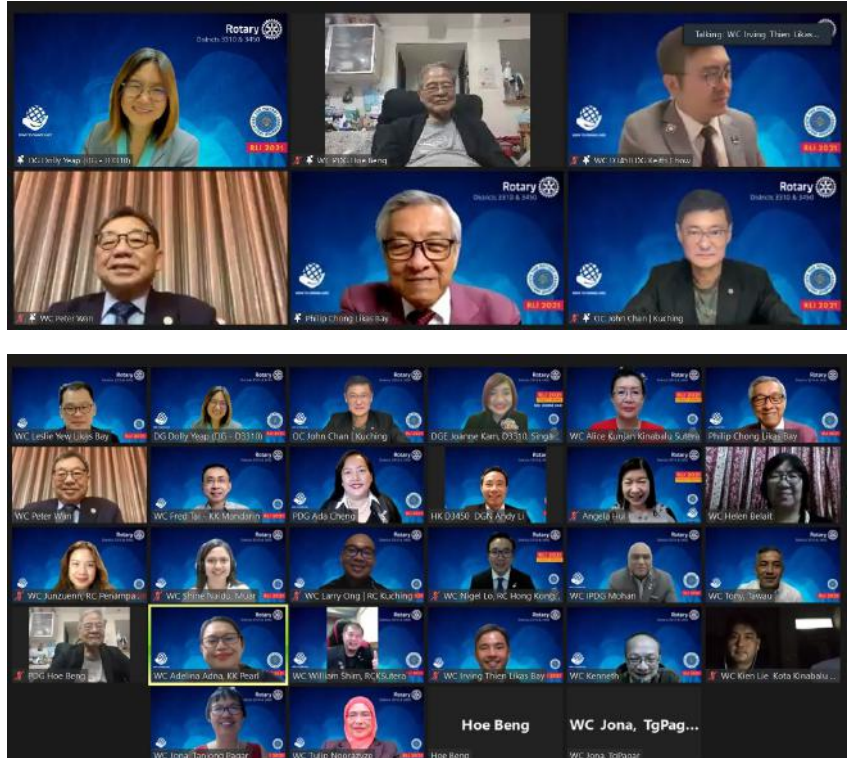
The Rotary Leadership Institute (RLI) is a training program established to improve the Rotary knowledge and leadership skills of the future leaders of Rotary clubs and districts. Trainers are carefully selected from among Rotarians with outstanding leadership abilities and prepared to conduct innovative and participatory course sessions.

7 SEPTEMBER - 13 OCTOBER 2021
Every Tuesday & Wednesday 8PM-10PM (GMT+8)

Registration Closes on 31.08.2021 (limited to 900 participants)

WHO SHOULD JOIN
Future/Potential Club Leaders
New Members
Existing Members
Any Rotarian/Rotactor who wants to learn more about leadership and Rotary!

CLICK TO REGISTER



15 OCT - JOINT PRESIDENT MEETING JOHOR & MELAKA



20 OCT - MULTI DISTRICT MANDARIN CONFERENCE

16 OCT - RC KULAI & RC KULAI EDU FUND EDUCATIONAL COMMUNITY SERVICE PROJECT



DG's ACTIVITIES OF THE MONTH

20 OCT - RC KULAI CLUB MEETING



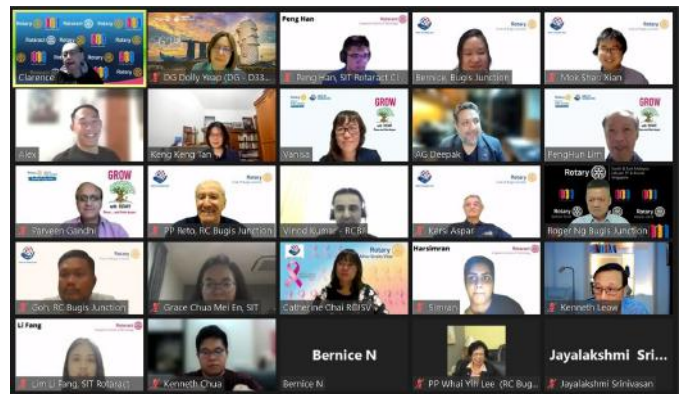
20 OCT - RC SINGAPORE EAST CLUB MEETING



21 OCT - RC BUGIS JUNCTION DG VISIT

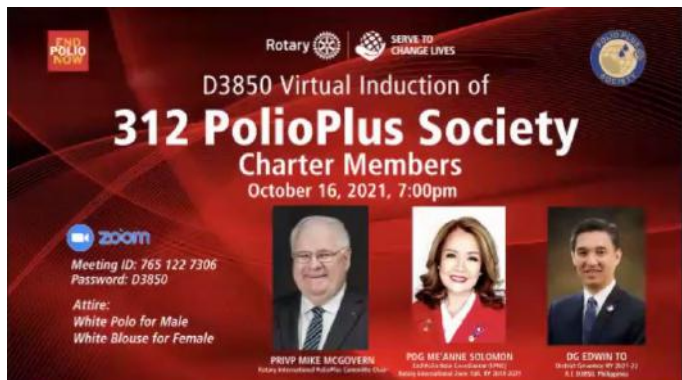
SHELTERING WOMEN AND CHILDREN (PLANNING STAGE – JOINT PROJECT)

- Needs Assessment
 - Many Singaporeans have been displaced due to Covid –
 - Delayed HDB rental flat placement
 - Inability to access quick medical assistance
 - S3Ps and shelters are full everywhere (even with the newer ones opening)
 - Job losses, and usual rough sleeping places (E.g. Changi Airport) are no longer viable due to covid closures
 - Social Workers etc are overwhelmed, and paperwork takes around 2 weeks before a shelter space can be arranged for the displaced
- Goals
 - To provide temporary hostel stays for women and children who are undergoing paperwork for a space in a shelter
 - To provide emotional support and befriending



DG's ACTIVITIES OF THE MONTH

22 OCT – DG EDWIN TO 312 POLIPLUS SOCIETY LAUNCH



The D3850 Virtual Launch and Induction of the 312 PolioPlus Society during the Zone 10A Philippines Polio Summit 2021

22 OCT – RC PANDAN VALLEY DG VISIT

Batam – Mask Project with Cinderella Foundation

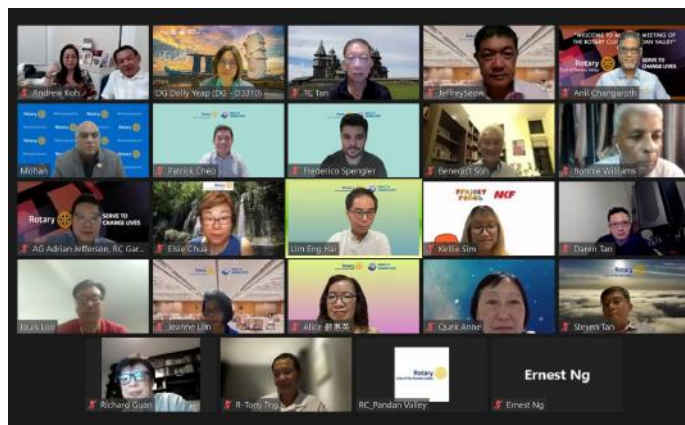
- BOD Approval - on 28th Sept 2021
- MOU signed – 20th Oct 2021 -19th Feb 2022

Project Scope – Touches 2 out of 6 Rotary Areas of Focus:

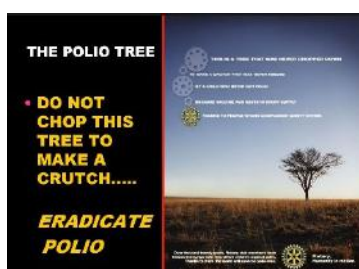
- Saving Disadvantage Women and Children (Kids in Slum)
- Growing Economies – Entrepreneurship
- Participants into the program will be chosen by Prison Board based on psychological assessment because sewing instrument can be used as weapons
- Particularly Incarcerated women with children need to earn an income to support children and cannot hold a full time position



Slum - No mask



26 OCT – RC JOHOR BAHRU CLUB MEETING



DG's ACTIVITIES OF THE MONTH

27 OCT - RG BINTULU DG CLUB VISIT



28 OCT - RC KAMPONG GELAM VOCATIONAL SERVICE MEETING



RC Kampong Gelam is planning an InterClub Dialogue on **15 November 2021, Mon** via Zoom at **8.15pm - 10.00pm** with DG Dolly as the keynote speaker and 4 panel speakers from around the district.



27 OCT - RC PONTIAN DG VISIT

28 OCT - THE ROTARY FOUNDATION MEETING

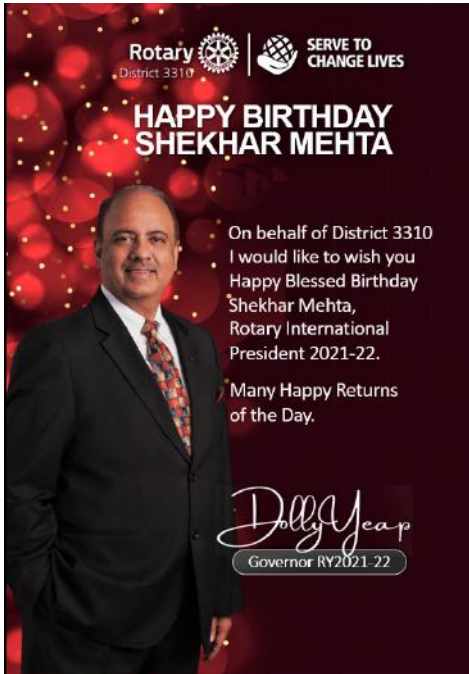




29 OCT - SINGAPORE ASSISTANT GOVERNORS MEETING



THIS MONTH IN FLYERS

FROM THE DISTRICT GOVERNOR



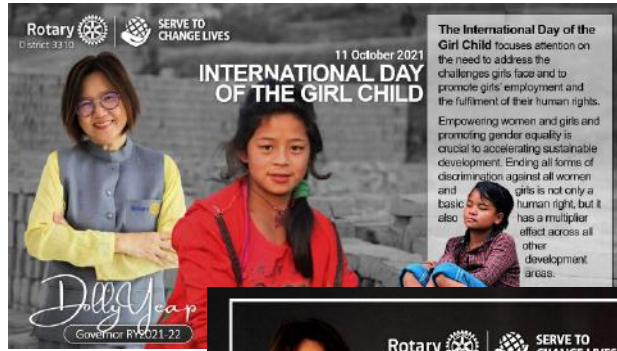
Rotary District 3310   **SERVE TO CHANGE LIVES**



HAPPY BIRTHDAY SHEKHAR MEHTA

On behalf of District 3310 I would like to wish you Happy Blessed Birthday Shekhar Mehta, Rotary International President 2021-22.

Many Happy Returns of the Day.

Dolly Yeap
Governor RY2021-22



Rotary District 3310   **SERVE TO CHANGE LIVES**

11 October 2021
INTERNATIONAL DAY OF THE GIRL CHILD

The International Day of the Girl Child focuses attention on the need to address the challenges girls face and to promote girls' employment and the fulfilment of their human rights.

Empowering women and girls and promoting gender equality is crucial to accelerating sustainable development. Ending all forms of discrimination against all women and girls is not only a basic human right, but it has a multiplier effect across all other development areas.

Dolly Yeap
Governor RY2021-22

SCAN / CLICK



Learn more about the International Day of the Girl Child



Rotary District 3310   **SERVE TO CHANGE LIVES**

Wishing all Muslim Rotarians and friends,
Happy Prophet Muhammad's Birthday Greetings.
19th October 2021

Dolly Yeap
Governor RY2021-22

FROM THE AROUND THE DISTRICT



Rotary District 3300  **PUBLIC IMAGE & DISTRICT TRAINING TEAM**
skillshare training series

MALAYSIA

23 OCTOBER 2021 (SATURDAY)
11:00AM - 1:00PM

ABOUT THE TRAINER
YASMIN YUSOF
NO DESIGN SKILLS? NO PROBLEM!

Canva

Rotary  **PEOPLE IN ACTION**

YASMIN HAS MORE THAN 25 YEARS EXPERIENCE IN COMMUNICATIONS AND PR. SHE MANAGED THE CONTENT STRATEGY, PUBLICATIONS AND CORPORATE SIGNATURE ITEMS OF LOCAL AND INTERNATIONAL CONGLOMERATES, KAMELY PETRONAS, CYBERSECURITY MALAYSIA, VALE MINERALS (M) SDN BHD, TOURISM MALAYSIA. JUST TO LIST A FEW. THROUGH THE AGENCY SHE FOUNDED IN 2005, SOME OF THE WORKS DONE INCLUDED VIDEO DOCUMENTARIES, CORPORATE BROCHURES AND PROSPECTUSES, ANNUAL REPORTS, SPECIAL PUBLICATIONS INCLUDING MAGAZINES AND COFFEE-TABLE PUBLICATIONS.

ALTHOUGH MOST HIGH-END DESIGNERS THAT SHE WORKED WITH USE INDESIGN OR ILLUSTRATOR, SHE WAS MORE COMFORTABLE WITH CANVA AND USES IT EXTENSIVELY FOR SIMPLE PROJECTS AND NGOs. SHE PRODUCED MOST OF DR. MELAWATI'S PDMS AND NEWSLETTERS FOR YAYASAN HELIAB-HELIA ROTARY MALAYSIA (YKRM) AND THE DISTRICT ACTION GROUP FOR ENVIRONMENT SUSTAINABILITY (DAGES) INCLUDING THE RECENTLY CONCLUDED CLIMATE CONFERENCE AND WEBINAR PROMO MATERIALS USING CANVA.




Rotary Club of Johor Straits View   **SERVE TO CHANGE LIVES**

BREAST CANCER AWARENESS MONTH

Do join us!
11-Oct-2021 8:00pm
Meeting ID: 875 5731 2772
Passcode: 654549

Speaker:
Dr. AB Razak Samsudin
Consultant Surgeon

BREAST CANCER IN MALAYSIA
WHAT ALL WOMEN NEED TO KNOW

Special Guest:
Datin Dr Ho Eu Len President
Breast Cancer Support Group, JB

*Raising Awareness and Empowering and Supporting patients and survivors
*Video Presentation on Breast Self Examination

Do u know? BREAST CANCER IS MALAYSIA'S No. 1 KILLER IN WOMEN



VIRTUAL MENTAL HEALTH AWARENESS EVENT

IT'S OKAY TO NOT BE OKAY

IN SUPPORT OF WORLD MENTAL HEALTH DAY
JOIN US TO SPREAD THE IMPORTANCE OF MENTAL HEALTH

OCTOBER 10TH, 2021
10.00AM - 12.30PM
ZOOM PLATFORM
JOIN ZOOM MEETING
<https://tinyurl.com/mentalhealthawarenesslink>

Informational talk, fun games and e-certificates are waiting for you

Meeting ID: 857 0881 6513
Passcode: 378723

SCAN TO JOIN THE ZOOM MEETING




District 3310 COVID-19 Response Fund

Support Grant

- **Maximum RM5,000** per grant per project per club to be matched by 60% club funds.

Global Grant

- **USD15,000** allocated per GG Project to each region of Malacca/Johor, Singapore, Sarawak/Brunei & Sabah
- D3310 Grant applications open to all Rotary and Rotaract Clubs **until 30 November 2021**
- A "D3310 COVID-19 Task Force 2021-22" has been set up to raise RM300,000 and manage the Grant Funds
- The target of RM300,000 has been achieved thanks to our generous donors for making it possible for us to reach out to change the lives of others during this pandemic

To Donate

Please remit your donation by cheque or online to:

Rotary Club of Kulai Johor
UOB Bank (Account No. 1543024622)
SWIFT Code: UOVBMK103J

To Apply

Submit completed grant application forms to:

PP Ng Yaw Hua
Contact: +6012 883 3333
Email: yawhwa33@gmail.com



Apply Now!

Scan or Click to download the Guidelines, Needs Assessment Form, Application Form and Final Report Document Template.

<https://bit.ly/D3310COVIDfund>

Dolly Yeap

Governor RY2021-22





MY FIRST ROTARY LEADERSHIP INSTITUTE EXPERIENCE

ALHAMDULILLAH, WE DID IT!

Survived an intensive 6-week training programme under ROTARY LEADERSHIP INSTITUTE (RLI), a training programme that challenged my skills in time management, analytical thinking, problem solving and utmost patience since the programme monopolized (almost on average) 4 hours of our Tuesday and Wednesday evenings (not to mention the hours spent sharing thoughts, notes and rehearsing our presentation with our team members EVERY OTHER DAY!).

I felt like we were back in college doing assignments, being Group Leader for the Week and representing our group as case study presenters against other groups.

Towards the last leg of the programme everyone (well, I dare say for my group) was experiencing some form of Brain Fog/Fatigue. We were too tired - Rushing from work, preparing and scoffing our dinner before the group breakout rooms opened. And then we were there for the next 4 hours listening, reading, thinking and deliberating.

Truth be told, I wanted to pull the plug on Week 5 but then stuck it out to the final week because I refused to let the past weeks to be in vain. On the 13th of October 2021, the RLI participants from various countries from districts 3310, 3300 & 3450 graduated. I couldn't help but growl a big, loud "Yes!!!!".

I take with me invaluable knowledge and in the process discovered things I never knew I possessed. I also gained new friends from Rotary Club of KK South, Rotary Club of Tebrau, Rotary Club of Kuching Central, Rotary Club of Bugis Junction, Rotary Club of Jurong Jurong Town, Rotary Club of Kinabalu Sutera, Rotary Club of Bandar Penggaram, Rotaract Club of Inti College Sabah, Rotaract Club of UMS, Rotaract Club of Tanglin and Rotary Club of Batu Pahat who also stuck through the 6 weeks (despite some initially having doubts to complete the programme past the 2-week mark!).

That was us - Group 08 - cheering each other on when we lacked the confidence, stumbled on words, was burnt out and ready to quit. The weekly bantering, as my Club President told me, would be something the group will miss. I am pretty sure I will.

So here's to an achievement - for knowledge and striving to make a difference and as the Rotary motto goes strive for "Service above Self".

CLUB ACTIVITIES OF THE MONTH

1 OCT - RC BATU PAHAT FOOD PARCEL DONATION



Organising Chair Emily Chin, Rtn Tio, PP Bean Tan, PP Teo, Rtn Jitson and Rtn Kang delivered 57 food parcels to the Ketua Kampung Petani En. Asri at Minyak Beku.

2 OCT - RC PASIR GUDANG MANDRIN BLOOD DONATION DRIVE

巴西古当华扬扶轮社10月2&3日联办捐血活动
3日讯，巴西古当华扬扶轮社与柔佛专业人士与企业家协会将于10月2-3日（星期六与日）在TOPPEN SHOPPING MALL携手联办捐血活动，为医院筹获110包血液。

该社长黄振亮透露，疫情笼罩下，国家血库中心频频面临血库不足的问题。在这疫情防控紧张时期，社团欲举办捐血活动困难重重，加上民众外出的意愿较低。防疫期间，我们除了协助前线医务工作者减轻负担，我们也别忘记帮助国家血库，使医院有足够的血救医。他说，捐血运动是本社的常年活动之一，一年会办至少两场，下场捐血活动将于12月举行。

活动筹委会主席邹伟良表示感谢热心参与的勇士和义工们，在这疫情防控紧张时期能够顺利举行活动。同时也感谢HIS政府医院医护人员，活动赞助商福气安康和 TOPPEN SHOPPING MALL 惠借宽阔舒适场地，让活动可以按照标准作业程序进行。出席者包括国际扶轮地区3310 总监叶少菊女士，副社长彭及康，柔佛专业人士与企业家协会会长兼大马医药公会柔佛会长拿督叶昌祖医生。



6 OCT - RC BATU PAHAT ACTIONS ARE FROM THE HEART



RC Batu Pahat initiated Rotary awareness banner project with 40 banners hung around Batu Pahat. Credits to Rtn Soh, Rtn Tio and President Bryan for their selfless Dedication.

CLUB ACTIVITIES OF THE MONTH

9 OCT - RC BATU PAHAT ROTARY DISTRICT ACTION GROUP AUTISM WORKSHOP

In collaboration with District 3300 and Action Group On Autism Rotary Malaysia, **RC Batu Pahat** hosted a workshop on working with children with autism. Organizing Chair, Rtn Amy Tey brought it to success with the highest intake for this training series.

10 OCT - RAC ASIA METROPOLITAN UNIVERSITY & RAC BANDAR PENGGARAM - IT'S OKAY, TO NOT BE OKAY

In support of World Mental Health Day, the **Rotaract Club of Asia Metropolitan University Muar** in collaboration with **Rotaract Club of Bandar Penggaram** and the District 3310 Rotaract Committee organized a three hours virtual mental health awareness event, 'It's Okay, To Not Be Okay,' for our Rotaractors and Rotarians on 10th October 2021. The highlight of our event was the talk given by our guest speaker, Dr Carol Tan on ways to cope with various mental health issues. Next a compilation of videos of a few rotaractors who volunteered to share the importance of mental health was presented and it garnered a lot of praise. About 60 participants took part in the mental health-oriented games and they thoroughly enjoyed it. Overall the unprecedented experience of organizing an event online was enthralling and we regard the event as a success.



10 OCT - RC KOTA KINABALU - HIGH FLOW NASAL CANNULA DONATION



Every minute, our doctors in the hospitals are force to make difficult decision as to who should be given priority in receiving treatment including utilising the very limited supply of medical equipment.

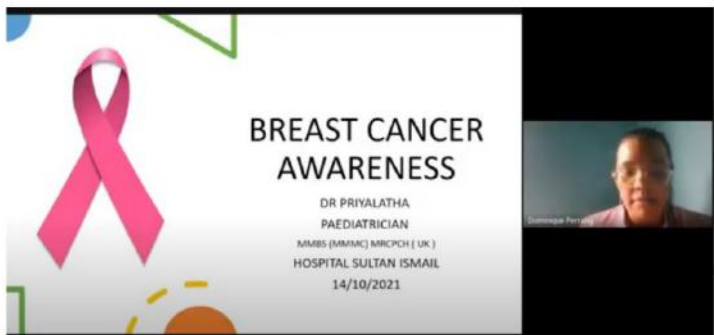
One of the equipment is the High Flow Nasal Cannula (HFNC). HFNC is a non-invasive ventilator that provide great respiratory support to reduce risk of requiring intubation and admission to the ICU.

Public hospitals in Kota Kinabalu are urgently in need of the HFNC. The sufficient supply of HFNC will certainly improve mortality rate of many Covid19 patients.

The donation of one unit of HFNC to Likas Hospital is yet another successful collaboration between OCBC Bank (Malaysia) Berhad (OCBC) and the **Rotary Club of Kota Kinabalu (RCKK)**. Upon RCKK's reaching out, OCBC graciously agreed to donate the said HFNC and other consumables which cost RM27,000.00. More than 2,000 patients are set to benefit from this new HFNC.

CLUB ACTIVITIES OF THE MONTH

14 OCT - RC JOHOR BAHRU SENTRAL PINK WELLNESS TALK BREAST CANCER AWARENESS



Interact Club of Repton International School, under the supervision of RCJB Sentral organised the Pink Wellness Talk - Breast Cancer Awareness at the school level on 14 October 2021.

All the female Interactors and some girls attended the talk by Dr Priyalatha Balakrishnan. She is Member of the Royal College of Paediatrics and Child Health. Currently she is the

Head of the Paediatric Neurology Unit in Sultan Ismail General Hospital in Johor Bahru. Dr Priyalatha is the spouse of PP Vijendran Vengadesan of the Rotary club of Johor Bahru Sentral.

14 OCT - RC KOTA KINABALU PEARL HOPE IN SIGHT



Rotary Club of Kota Kinabalu Pearl's free cataract surgery project: Project Hope in Sight, was held on World Sight Day, 14th October 2021 where nine women from the low income group (B40) underwent surgery. The project is funded

partially by a grant from Rotary Foundation by Rotary International. President Majella Marjorie Tan Marquez, Community Service Director Tulip Noorazyze, IPP Kapitan Eliza Goh and Project Chair Celestina Chin, were present to lend moral support to the recipients receiving surgery at EyeMedics Specialist Eye Centre, Kota Kinabalu. A week after the surgery, the candidates expressed their gratitude for having been given the opportunity to receive the surgery, which has helped to restore their vision. Some of them were excited to start work as soon as possible so that they can supplement their families' income.

16 OCT - RC BATU PAHAT END POLIO NOW HEALTH SCREENING PROJECT

HEALTH SCREENING PROGRAM

健康检查计划

FREE 免费

Physical Examination,
Blood Glucose,
Cholesterol and Uric Acid

体检、血糖、胆固醇
及尿酸检验

Venue : BP Mall
Date : 16.10.2021
Time : 9am - 5pm







PUTRA
HOSPITAL



Rotary
Club of Batu Pahat

Health Screening Project led by Organising Chair, Rtn Mikhail and in collaboration with Hospital Putra Batu Pahat on 16 October 2021 at BP Mall. The public came in for a free health check, such as Vitals, Glucose, Cholesterol and Uric Acid. The objective was to promote the awareness of Polio and a healthy society.

CLUB ACTIVITIES OF THE MONTH

16 OCT - RC KOTA KINABALU PEARL SUGUD FLOOD RELIEF MISSION



Water comparison at Kg Sugud

On 16th October 2021, President Majella Marjorie Tan Marquez and the **RCKK Pearl** members went to Kg Mahansung, Kg Timpangoh, Kg Kodou and Kaanapan, to deliver EFINITY water filters to 106 families. 76 water filters were donated by Pertubuhan Komuniti ELITE and Thiam Lai Yean Foundation while 30 units were from Rotary District 3310 Disaster Relief Grant. The team showed the villagers how to use the water filters. Gravity pipes at the village were damaged due to the recent flood and landslides, and this severely affected the villagers' water supply. It is hoped that the water filters would bring much relief in the form of clean water for cooking and drinking. Water and Sanitation, also known as Project WASH, is one of RCKK Pearl's signature projects. In early October, the Club delivered 25 water filters and 28 Solar lights to affected families in Kg Pangasaan, Sugud. The club also recently donated water filters to 65 families in Kg Labak, Kinarut after receiving Rotary Disaster Relief Grant of RM15,000 which was matched by RM5,000 from a generous donor. Other items such as mattresses, pillows and towels were also donated.

19 OCT - RC JOHOR BAHRU DEEPAVALI CHARITY GIVING

Rotary Club of Johor Bahru (RCJB) brought Deepavali joy to 43 less fortunate urban poor families from the B40 group via Deepavali Angpau Donation Drive today totaling RM12,800.00.

Identification process of these needy families was carefully done with the collaboration of the Persatuan Kebajikan Wanita MAHILAS Johor Selatan and EWRF Kulai Center. We managed to gather them at 2 different locations, namely at SRJK(T), Jln Yahya Awal, Johor Bahru & EWRF Center in Kulai.



CLUB ACTIVITIES OF THE MONTH

24 OCT - RC TAWAU MILK POWDER FOR BABIES



On 24th October 2021, **Rotary Club of Tawau** Community Service Director Rtn Christy Fe Salazar and Mrs Nokiah has distributed Dutch Lady Milk to 25 infants and toddlers at Jalan Damai and Batu Payung. Each receiving 4 packets today to fulfill the 6 packets. A total of 535 infants and toddlers had benefited from this wonderful cause.



24 OCT - RC PASIR GUDANG MANDRIN WORLD END POLIO DAY

A polio-free world is possible, but we can achieve it only by taking action together. Join with **Rotary Club of Pasir Gudang Mandarin** with World Polio Day to EndPolioNow.



24 OCT - RC BATU PAHAT DIWALI GIFTS FOR THE NEEDY



RC Batu Pahat's annual event. Rotarians appreciate the importance of having racial harmony. Wishing all of our Hindu friends a Happy Deepavali



CLUB ACTIVITIES OF THE MONTH

27 OCT - RC PASIR GUDANG MANDRIN WEEKLY HEALTH AWARENESS TALK



什么是脊柱
> 人体的支柱，由脊椎骨和椎间盘组成。其周围还有许多软组织附着，并与脏器相连。一起来听听《黄汉文医师》分享脊柱疾病会给我们带来怎么样的困扰。

"Spine Related Diseases"

What is the spine?
> The pillars of the human body are composed of vertebrae and intervertebral discs. There are many soft tissues attached around it and connected with organs.

CLUB CONTRIBUTORS

Thank you to the following Rotarians/Rotaractors for your submission to be included in the Club Activities of the Month section of this issue of the DG Newsletter:

1. **Rtn Gerald Lee**, RC Batu Pahat
2. **President Wong Chin Liang**, RC Johor Bahru Sentral
3. **Rtn Joe Pua**, RC Johor Bahru
4. **PP Nicholas Pang**, RC Tawau
5. **Rtn Vector**, RC Kota Kinabalu
6. **Rtn Celestina Chin Lee Ling**, RC Kota Kinabalu Pearl
7. **President Ts. (Dr.) Wong Chin Liang**, RC Pasir Gudang Mandarin

Global 15 Day Plant-Rich Diet Challenge
Eat Plant-Rich for the Planet
STARTS OCTOBER 1, 2021

Brought to you by **ESRAG Plant-Rich Diet Task force**

What you get upon signing up

- Recipes
- Speaker Series
- Daily Emails
- Cooking Workshops
- A Starter Kit
- Scientific Statistics

Rotary ESRAG ENVIRONMENTAL SUSTAINABILITY ROTARY ACTION GROUP

Scan / Click to watch the video

GLOBAL 15 DAY PLANT-RICH DIET CHALLENGE

My name is Ambaree and I am a member of Rotary Club of Marina City, Singapore. I am the Regional Chair for Environmental Protection, Singapore. I am also co-leading the South East Asian chapter of Environmental Sustainability Rotary Action Group, ESRAG.

My passion lies in spreading awareness and motivating people to pull up their socks to save what is left of our planet. One environmental

is a solution that I put maximum thrust in Plant Rich Diet (PRD). To reach maximum people within Rotary to adopt a Plant Rich Diet, we have formed an international task force under ESRAG, called the **Plant Rich Diet Task Force**. The PRD Task Force is a group of passionate individuals from around the world whose mission is to spread awareness about why Climate Change solutions MUST include addressing our current food habits and our unsustainable dependence on animal derived products - meat, dairy, eggs, fish and seafood.

According to research, one of the most powerful steps anyone can take to massively reduce their own carbon footprint and the unbearable stress that our planet's natural resources are currently under, is to eat a diet rich in plants and low in animals. A global dietary shift towards whole grains, legumes, vegetables and fruits with less meat, dairy, eggs, fish and seafood is undeniably crucial if we wish to halt Climate Change.

Being the Co-Chair of the PRD Task Force and certified in Food Sustainability from eCornell, I have spoken at clubs and districts in the USA, Thailand, the Philippines, Malaysia, Singapore and Australia in the past months. We organised a 15 Day Plant Rich Diet Challenge in October 2021. We had over 550 participants from around the world and saw amazing success. For 15 days, we sent out daily emails with recipes, handy tips and research and hosted a stellar speaker series of 15 Scientists, Doctors, Cooking Enthusiasts and Media Personnels who spoke about the importance of a Plant Rich Diet.

I wish to continue speaking to Rotarians about sustainable eating and lifestyle to help them understand that the price of the food that we eat is not just the money we pay to buy it. There is a hidden price that our planet pays for our food and lifestyle choices, which we must take into account as environmentally conscious individuals.

ROTARACT



**END POLIO NOW
FUNDRAISING CAMPAIGN**
District 3310 Rotaract Committee

The Month of October - End Polio Now

Organised by the District 3310 Rotaract Committee, the Rotaract Clubs of RI District 3310 came together as we launched the End Polio Now Fund-Raising Campaign in support of the District 3310 Polioplus Committee. The campaign was launched on the 12th of September 2021 by District Governor Dolly Yeap and ended on the 24th of October 2021.

Fund Raising items included an End Polio Now shirt, designed by our District Rotaract Community Service Director Celine and Rotaract Regional Chair for Zone 4 Hao Mun, and a customisable straw engraved with the district 3310 Rotaract Logo and End Polio Now logo.

Altogether, the fund-raising campaign was a success, as we raised a total of SGD 1020 from this initiative. Click on the link [here](#) as we posted a video of us donating the funds on World Polio Day on behalf of the Rotaract Clubs of RI District 3310.

Once again, do follow us on our various social media platforms for updates on our upcoming events and programmes!

Facebook: <https://www.facebook.com/rotaractd3310>

Instagram: <https://www.instagram.com/racd3310/>



UPCOMING EVENTS

REGISTER TODAY

AT CONVENTION.ROTARY.ORG

Houston, Texas, USA
4-8 June 2022




HOUSTON
2022



REGISTRATION CATEGORY	12-16 JUNE 2021	17 JUNE TO 15 DECEMBER 2021	16 DECEMBER 2021 TO 31 MARCH 2022	1 APRIL TO 8 JUNE 2022
Club member, Nonmember, or guest, age 31 or over	\$425	\$475	\$575	\$675
Club member, Nonmember or guest, age 30 or under	\$100	\$125	\$175	\$225
Guest age 5-18	\$20	\$20	\$30	\$40
Guest under age 5	Free	Free	Free	Free
Saturday, House of Friendship only	\$60	\$60	\$60	\$100




Scan or Click on the QR Code for more upcoming events
Link: <https://bit.ly/D3310Calendar>

NEXT MONTH'S THEME

“Only by giving are you able to receive more than you already have.”

Jim Rohn


ROTARY FOUNDATION MONTH




ROTARY PUBLIC IMAGE

NOVEMBER

TAKE ACTION: www.rotary.org/give



Rotary District 3310 

“Giving to help, what is important to have much of yourself to put into the giving. Each is what makes the other possible.”
PAUL BERTHOLD, 1911-1998

NOVEMBER IS ROTARY FOUNDATION MONTH

Click the image on the left to learn more about the Rotary Foundation.

UPCOMING EVENTS

PRESIDENTIAL CONFERENCE MANILA

Rotary   **PRESIDENTIAL CONFERENCE MANILA**

 **PROTECTING THE ENVIRONMENT**  **GROWING LOCAL ECONOMIES**

EXPERIENCE ONLY THE BEST

NOVEMBER 26, 27, 28

VISIT OUR SITE www.rpc21.ph

REGISTER NOW

The **Rotary International Presidential Conference 2021**, Manila is Rotary's largest Asia-Pacific Conference for Rotarians based in the Asia-Pacific Region and will be held from **November 26 to 28, 2021**.

It is an Online Conference that will be conducted from Manila, Philippines and streamed online from **RPC21.ph** and depending on the pandemic situation, possibly onsite.

RPC 21 Manila, is open to the world but especially focused on delegates from 19 territories in The Asia-Pacific region:

Zone 1B: Bangladesh, Indonesia, Pakistan

Zone 8: Australia, New Zealand & The Pacific Isles

Zone 9: China, Hong Kong, Macau, Mongolia, Taiwan

Zone 10: Malaysia, Singapore, The Philippines, Indonesia, Laos, Myanmar, Singapore, Thailand

WE WILL ZOOM IN ON 2 OUT OF ROTARY INTERNATIONAL'S 7 FOCUS AREAS

GROWING LOCAL ECONOMIES **PROTECTING THE ENVIRONMENT**

Rotary's other areas of focus:

 **PROMOTING PEACE**  **ERADICATING POVERTY**  **PROMOTING CLEAN WATER**  **SUPPORTING EDUCATION & CHILDREN**  **SAVING MOTHERS & CHILDREN**

Photo credit: R.I. Governor Eduardo Bayang, © 2020 Rotary.org

Discover these focus areas in a new and unique light as we look at them through these 4 lenses

BUSINESS **ENVIRONMENT** **SUSTAINABILITY** **TECHNOLOGY**

NOVEMBER 26, 27, 28 For more information, visit RPC21.PH

REGISTRATION FEE:

Promotion Rate:

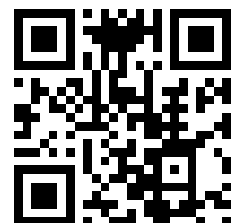
USD 20 per delegate for the first 6,000 delegates

Regular Rate:

USD28 per delegate

For ticket enquiries, please email: enquiries@rpc21.ph

REGISTER NOW
Scan the QR Code



ROTARY'S VISION STATEMENT



ROTARY'S STRATEGIC PRIORITIES AND OBJECTIVES

PRIORITY 1
INCREASE OUR IMPACT

- Eradicate polio and leverage the legacy
- Focus our programs and offerings
- Improve our ability to achieve and measure impact

PRIORITY 2
EXPAND OUR REACH

- Grow and diversify our membership and participation
- Create new channels into Rotary
- Increase Rotary's openness and appeal
- Bring awareness of our impact and brand

PRIORITY 3
ENHANCE PARTICIPANT ENGAGEMENT

- Support clubs to better engage their members
- Develop a participant-centered approach to deliver value
- Offer new opportunities for personal and professional connection
- Provide leadership development and skills training

PRIORITY 4
INCREASE OUR ABILITY TO ADAPT

- Build a culture of research, innovation, and willingness to take risks
- Streamline governance, structure, and processes
- Review governance to foster more diverse perspectives in decision-making

Source : [Rotary.org](https://www.rotary.org)

RESOURCES

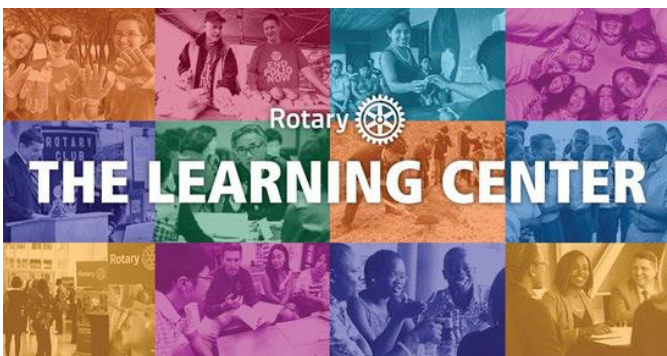
Here are a few resources you and your Club may find useful. **Click** on the images to visit the website.



<https://www.rotarydistrict3310.org.my/>



<https://brandcenter.rotary.org/>



<https://learn.rotary.org/>



<https://www.rotary.org/>



<https://my.rotary.org/en/>



Accessible through MyRotary

Want Your Club To Be In The Next Issue?

Please use the form below to submit your club/committee activities/events to be featured in the next DG Newsletter.

DG Newsletter Submission Portal:
<https://bit.ly/DGNewsletterSub>

Submission deadline is **the last week of every month**. You're most welcome to submit earlier, after the conclusion of the event/activity.