

Third Ager Renaissance Symposium

Exploring the New Realities of Ageing and Creating New Possibilities



Third Ager Renaissance Symposium

Date: 1 Apr 2017 (Saturday)

Time: 8.30am – 5pm

Venue: Lifelong Learning Institute, Paya Lebar Central, Singapore

Third Age: A period of life, generally after retirement, preceded by the first age of childhood and youth and the second age of work and family responsibilities.

Objective

To explore, in the third age context, how third agers (seniors) could achieve:

- a better understanding of the new realities of aging in a digital age
- needed self-renewal and mindset change and/or help others to do so
- realization of related self and societal improvement aims and projects

Symposium Design and Outcome

- Three keynote speakers will set up the framework for group discussions.
- Each discussion group will be guided by a facilitator.
- Discussion pointers and conclusions will be collected for review and further study.
- The result will be the publication of a book entitled "Third Ager Renaissance".
- All symposium participants will be recognized as contributors to this book.

Symposium Speakers

- Dr Kanwaljit Soin: Orthopaedic and Hand Surgeon, Former Nominated Member of Parliament
- Ms Irene Wee: Business Director, Former President of the Singapore Association for Training and Development (STADA)
- Mr Adrian Teo: Human Resource Consultant, Former President of the Institute of Management Consultants Singapore (IMCS)

All speakers are members of **U3A Singapore** (founded by SACE), part of a worldwide movement of Universities of the Third Age committed to providing learning and enrichment programmes and activities for third agers (seniors).

Fees

	Fee per pax	Closing date	No-show
Base fee	\$100	27 Mar 2017	\$100
Early-bird fee	\$70	15 Mar 2017	\$70
Seniors fee (age 50+)	\$50	27 Mar 2017	\$50

*Fee includes lunch, two refreshment breaks and symposium notes.

Symposium Convenor and Organiser

The Symposium is a public seminar convened by the Rotary District 3310 Third Ager Service Committee and hosted by Rotary Club of Singapore North.

Enquiries/Registrations

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(Cheque payments to be made payable to **Rotary Club of Singapore North**)